

Community Health Needs Assessment

2016

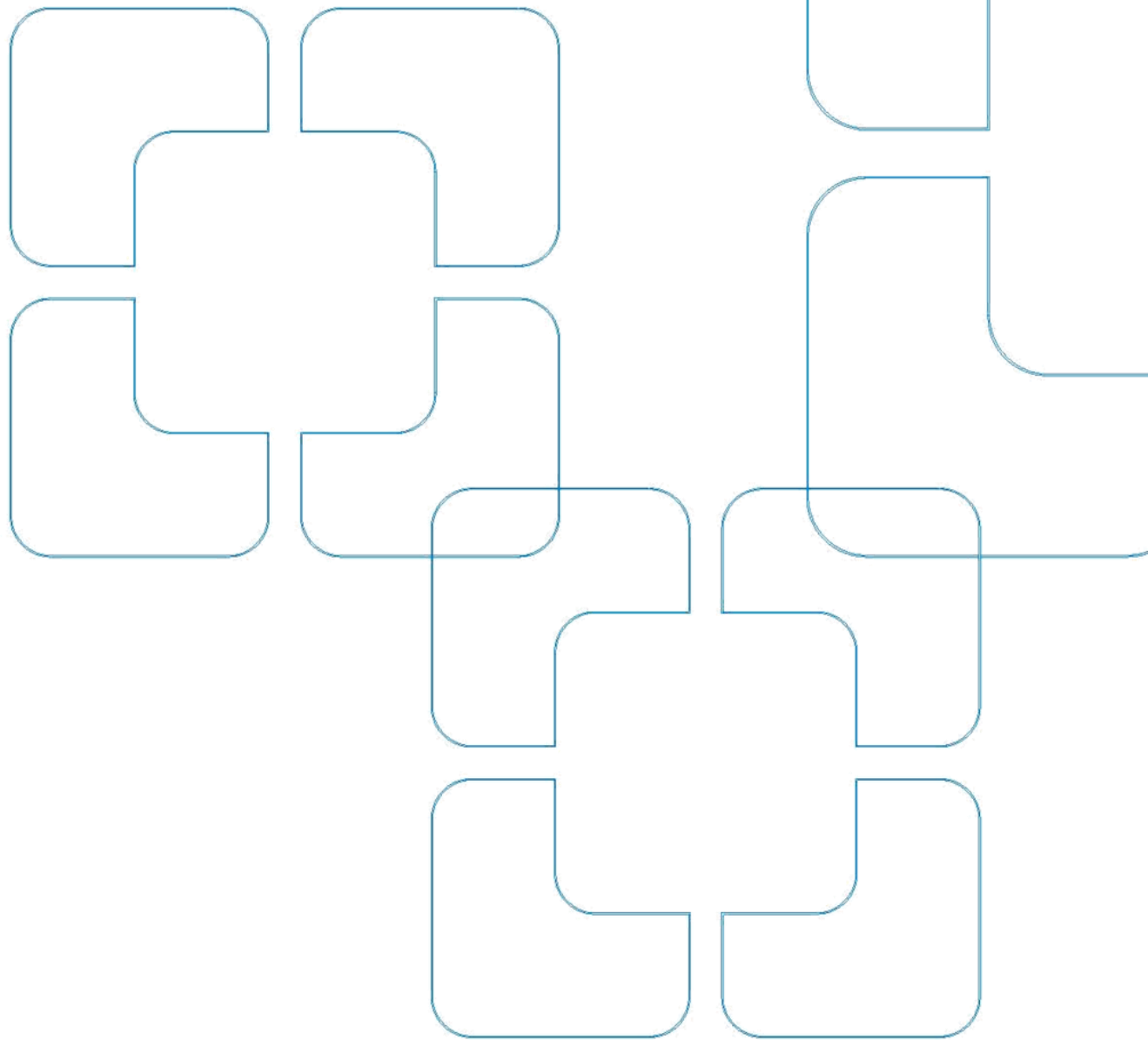


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EXECUTIVE SUMMARY

Introduction

This Community Health Needs Assessment (CHNA) was conducted by Cleveland Clinic Marymount Hospital (“Marymount” or “the hospital”) to identify significant community health needs, to inform development of an Implementation Strategy to address current needs and to evaluate the impact of ongoing efforts to address previously identified community needs.

Founded in 1949 by the Sisters of St. Joseph of the Third Order of St. Francis, Marymount has been blending compassionate patient care with exceptional medical expertise and advanced technology. Marymount is a 286-bed acute care hospital, serving communities in southern and southeastern Cuyahoga County as well as northern Summit County. Additional information on the hospital and its services is available at:

http://my.clevelandclinic.org/locations_directions/Regional-Locations/marymount-hospital.

The hospital is part of the Cleveland Clinic health system, which includes an academic medical center, multiple regional hospitals, two children’s hospitals, a rehabilitation hospital, a Florida hospital and a number of other facilities and services across Northeast Ohio and Florida. Additional information about Cleveland Clinic is available at: <https://my.clevelandclinic.org/>.

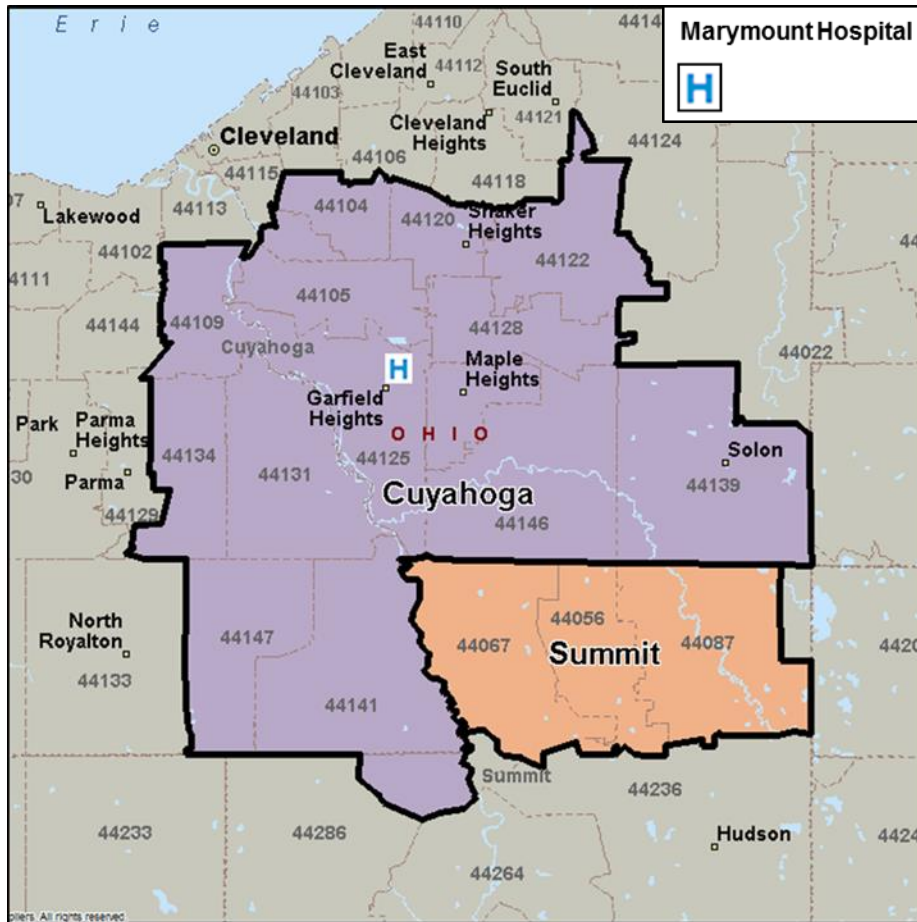
Each Cleveland Clinic hospital is dedicated to the communities it serves. Cleveland Clinic hospitals verify the health needs of communities by performing periodic health needs assessments. These formal assessments are analyzed using widely accepted criteria to determine and measure the health needs of a specific community.

Community Definition

For purposes of this report, Marymount’s community is defined as 18 ZIP codes in Cuyahoga and Summit counties in Ohio comprising over 74 percent of the hospital’s inpatient volumes. This area has comparatively unfavorable health status and socioeconomic indicators, particularly for minority residents. The total population of Marymount’s community in 2015 was 452,963.

EXECUTIVE SUMMARY

The following map portrays the community served by Marymount.



Significant Community Health Needs

Six significant community health needs were identified through this assessment:

1. Access to Affordable Healthcare
2. Chronic Diseases and Other Health Conditions
3. Economic Development and Community Conditions
4. Health Professions Education and Research
5. Healthcare for the Elderly
6. Wellness

Based on an assessment of secondary data (a broad range of health status and access to care indicators) and of primary data (received through key stakeholder interviews), the following were identified as significant health needs in the community served by Marymount. The needs are presented below in alphabetical order, along with certain highlights regarding why each issue was identified as “significant.”

EXECUTIVE SUMMARY

Access to Affordable Health Care

- Access to basic health care is challenging for some segments of the Marymount community who are unaware of how to access and use available services and who experience other access barriers including cost and inadequate transportation. The Marymount community has comparatively unfavorable socioeconomic indicators, particularly in medically underserved areas. The recent election of the new president raises questions regarding whether access improvements associated with the Affordable Care Act will be sustained.

Chronic Diseases and Other Health Conditions

- Chronic diseases and other health conditions including, in alphabetical order: cancer, chemical dependency, communicable diseases, diabetes, heart disease, hypertension, obesity, poor birth outcomes, poor mental health status, and respiratory diseases were identified as prevalent in the Marymount community.

Economic Development and Community Conditions

- Several areas within the Marymount community lack adequate social services and experience high rates of poverty, unemployment, and crime.

Health Professions Education and Research

- There is a need for more trained health professionals in the community, particularly primary care physicians, mental health providers, and dentists. Research conducted by Cleveland Clinic, has improved health for community members through advancements in new clinical techniques, devices and treatment protocols in diseases and health conditions such as such as cancer, heart disease, diabetes, and others. There is a need for more research to address these and other community health needs.

Healthcare for the Elderly

- The elderly population in the Marymount community is expected to increase in the next five years and meeting the health and social service needs of the aging population is a significant issue.

Wellness

- Programs and activities that target behavioral health change were identified as needed in the Marymount community. Education and opportunities for residents regarding exercise, nutrition, and smoking cessation specifically were noted.

OBJECTIVES AND METHODOLOGY

Regulatory Requirements

Federal law requires that tax-exempt hospital facilities conduct a CHNA every three years and adopt an Implementation Strategy that addresses significant community health needs.¹ Each tax-exempt hospital facility must conduct a CHNA that identifies the most significant health needs in the hospital's community.

The regulations require that each hospital:

- Take into account input from persons representing the broad interests of the community, including those knowledgeable about public health issues, and
- Make the CHNA widely available to the public.

The CHNA report must include certain information including, but not limited to:

- A description of the community and how it was defined,
- A description of the methodology used to determine the health needs of the community, and
- A prioritized list of the community's health needs.

Tax-exempt hospital organizations also are required to report information about the CHNA process and about community benefits they provide on IRS Form 990, Schedule H. As described in the instructions to Schedule H, community benefits are programs or activities that provide treatment and/or promote health and healing as a response to identified community needs.

Community benefit activities and programs also seek to achieve objectives, including:

- improving access to health services,
- enhancing public health,
- advancing increased general knowledge, and
- relief of a government burden to improve health.²

To be reported, community need for the activity or program must be established. Need can be established by conducting a Community Health Needs Assessment.

CHNAs seek to identify significant health needs for particular geographic areas and populations by focusing on the following questions:

- **Who** in the community is most vulnerable in terms of health status or access to care?
- **What** are the unique health status and/or access needs for these populations?
- **Where** do these people live in the community?

¹ Internal Revenue Code, Section 501(r).

² Instructions for IRS form 990 Schedule H, 2015.

OBJECTIVES AND METHODOLOGY

- *Why* are these problems present?

The question of *how* each hospital can address significant community health needs is the subject of the separate Implementation Strategy.

Methodology

Federal regulations that govern the CHNA process allow hospital facilities to define the community they serve based on “all of the relevant facts and circumstances,” including the “geographic location” served by the hospital facility, “target populations served” (e.g., children, women, or the aged), and/or the hospital facility’s principal functions (e.g., focus on a particular specialty area or targeted disease).³ The community defined by Marymount accounts for over 74 percent of the hospital’s 2014 inpatient discharges.

This assessment was conducted by Verité Healthcare Consulting, LLC. *See* Appendix A.

Secondary data from multiple sources were gathered and assessed. *See* Appendix B. Considering a wide array of information is important when assessing community health needs to ensure the assessment captures a wide range of facts and perspectives and to increase confidence that significant community health needs have been identified accurately and objectively.

Input from the community was received through key informant interviews. These informants represented the broad interests of the community and included individuals with special knowledge of or expertise in public health. *See* Appendix C.

Certain community health needs were determined to be “significant” if they were identified as problematic in at least two of the following three data sources: (1) the most recently available secondary data regarding the community’s health, (2) recent assessments developed by other organizations, and (3) input from the key informants who participated in the interview process.

In addition, data was gathered to evaluate the impact of various services and programs identified in the previous CHNA process. *See* Appendix D.

Collaborating Organizations

For this assessment, Marymount collaborated with the following Cleveland Clinic hospitals: Main Campus, Cleveland Clinic Children’s, Akron General, Euclid, Fairview, Hillcrest, Lodi, Lutheran, Medina, South Pointe, Edwin Shaw Rehabilitation and Cleveland Clinic Florida. Marymount also collaborated with Ashtabula County Medical Center and Glenbeigh.

³ 501(r) Final Rule, 2014.

OBJECTIVES AND METHODOLOGY

Data Sources

Community health needs were identified by collecting and analyzing data from multiple sources. Statistics for numerous community health status, health care access, and related indicators were analyzed, including data provided by local, state, and federal government agencies, local community service organizations, and Cleveland Clinic. Comparisons to benchmarks were made where possible. Findings from recent assessments of the community's health needs conducted by other organizations (e.g., local health departments) were reviewed as well.

Input from 23 persons representing the broad interests of the community was taken into account through key informant interviews. Interviewees included: individuals with special knowledge of or expertise in public health; local public health departments; agencies with current data or information about the health and social needs of the community; representatives of social service organizations; and leaders, representatives, and members of medically underserved, low-income, and minority populations.

Information Gaps

This CHNA relies on multiple data sources and community input gathered between January 2016 and July 2016. A number of data limitations should be recognized when interpreting results. For example, some data (e.g., County Health Rankings, Community Health Status Indicators, Behavioral Risk Factors Surveillance System, and others) exist only at a county-wide level of detail. Those data sources do not allow assessing health needs at a more granular level of detail, such as by ZIP code or census tract.

Secondary data upon which this assessment relies measure community health in prior years. For example, the most recently available mortality data published by the Ohio Department of Health are from 2012. Others sources incorporate data from 2010. The impacts of recent public policy developments, changes in the economy, and other community developments are not yet reflected in those data sets.

The findings of this CHNA may differ from those of others conducted in the community. Differences in data sources, communities assessed (e.g., hospital service areas versus counties or cities), and prioritization processes can contribute to differences in findings.

DATA AND ANALYSIS

Definition of Community Assessed

This section identifies the community that was assessed by Marymount. The community was defined by considering the geographic origins of the hospital's 2014 inpatient discharges.

On that basis, Marymount's community is comprised of 18 ZIP codes in Cuyahoga and Summit counties (**Exhibit 1**) which in 2014 accounted for over 74 percent of its inpatient discharges.

Exhibit 1: Marymount Inpatient Discharges by ZIP Code, 2014

County	City	ZIP Code	Inpatient Cases (2014)	Percent of Total
Cuyahoga	Cleveland	44125	1,689	18.2%
Cuyahoga	Cleveland	44105	1,193	12.8%
Cuyahoga	Maple Heights	44137	897	9.7%
Cuyahoga	Bedford	44146	450	4.8%
Cuyahoga	Independence	44131	425	4.6%
Cuyahoga	Cleveland	44128	365	3.9%
Summit	Northfield	44067	285	3.1%
Cuyahoga	Brecksville	44141	254	2.7%
Cuyahoga	Broadview Heights	44147	234	2.5%
Cuyahoga	Cleveland	44120	212	2.3%
Cuyahoga	Cleveland	44134	156	1.7%
Summit	Twinsburg	44087	153	1.6%
Cuyahoga	Cleveland	44127	118	1.3%
Summit	Macedonia	44056	115	1.2%
Cuyahoga	Cleveland	44109	106	1.1%
Cuyahoga	Beachwood	44122	103	1.1%
Cuyahoga	Solon	44139	97	1.0%
Cuyahoga	Cleveland	44104	69	0.7%
Subtotal			6,921	74.5%
Other Areas			2,372	25.5%
Total Discharges			9,293	100.0%

Source: Analysis of OHA Discharge Data, 2014.

DATA AND ANALYSIS

The total population of this community in 2015 was approximately 453,000 persons (**Exhibit 2**).

Exhibit 2: Community Population, 2015

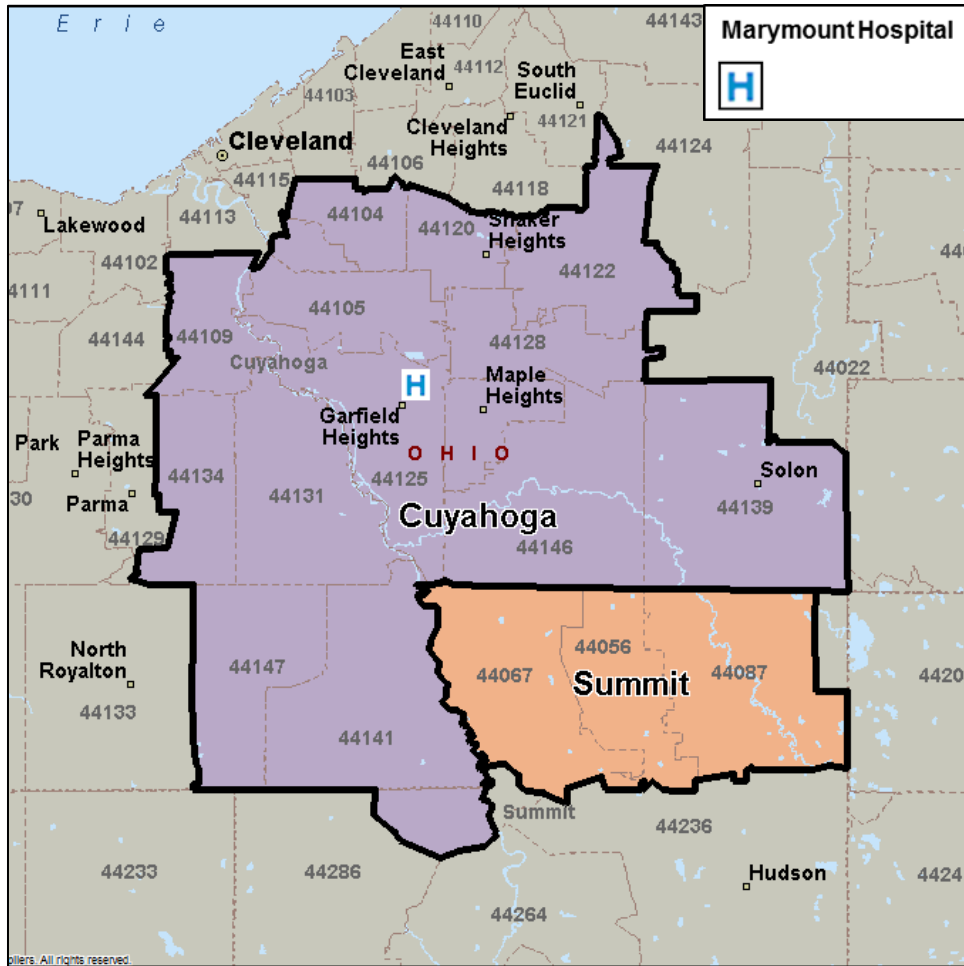
County	City	ZIP Code	Total Population 2015	Percent of Total Population 2015
Cuyahoga	Beachwood	44122	33,661	7.4%
Cuyahoga	Bedford	44146	29,602	6.5%
Cuyahoga	Brecksville	44141	14,046	3.1%
Cuyahoga	Broadview Heights	44147	19,706	4.4%
Cuyahoga	Cleveland	44104	22,327	4.9%
Cuyahoga	Cleveland	44105	37,633	8.3%
Cuyahoga	Cleveland	44109	39,023	8.6%
Cuyahoga	Cleveland	44120	35,932	7.9%
Cuyahoga	Cleveland	44125	27,551	6.1%
Cuyahoga	Cleveland	44127	5,215	1.2%
Cuyahoga	Cleveland	44128	28,303	6.2%
Cuyahoga	Cleveland	44134	38,190	8.4%
Cuyahoga	Independence	44131	20,110	4.4%
Cuyahoga	Maple Heights	44137	22,566	5.0%
Cuyahoga	Solon	44139	24,770	5.5%
Summit	Macedonia	44056	11,970	2.6%
Summit	Northfield	44067	20,775	4.6%
Summit	Twinsburg	44087	21,583	4.8%
Community Total			452,963	100.0%

Source: Truven Market Expert, 2015.

The hospital is located in Garfield Heights, Ohio (ZIP code 44125). The map in **Exhibit 3** portrays the ZIP codes that comprise the Marymount community.

DATA AND ANALYSIS

Exhibit 3: Marymount Community



Source: Microsoft MapPoint and Cleveland Clinic, 2015.

Secondary Data Summary

The following section summarizes principal findings from the secondary data analysis. Appendix B provides more detailed information.

Demographics

Population characteristics and changes directly influence community health needs. The total population in the Marymount community is expected to decrease one percent from 2015 to 2020. Between 2015 and 2020, 12 of the 18 ZIP codes in the Marymount community are projected to lose population. The populations in two Cleveland ZIP codes (44105 and 44127) are expected to decrease by approximately five percent.

While the total population is expected to decrease, the number of persons aged 65 years and older is projected to increase by 12 percent between 2015 and 2020. The growth of older populations is likely to lead to growing need for health services, since on an overall per-capita basis, older individuals typically need and use more services than younger persons.

In 2015, over 70 percent of the population in five ZIP codes on the northern side of the community (44128, 44104, 44105, 44120, and 44137) was Black. In four southwestern ZIP codes, this percentage was under 5 percent.

Cuyahoga County had a higher percentage of residents aged 25 years and older without a high school diploma than the Ohio average. Compared to Ohio, Cuyahoga County had a higher proportion of the population that is linguistically isolated.⁴

Economic Indicators

Many health needs have been associated with poverty. According to the U.S. Census, in 2014 approximately 15.9 percent of people in Ohio were living in poverty. At 18.5 percent, Cuyahoga County's poverty rate was higher than Ohio's poverty rate during that year. In Cuyahoga County, poverty rates have been comparatively high for Black and Hispanic (or Latino) residents and in Summit County, poverty rates have been comparatively high for Asian residents. Low income census tracts are prevalent in the northern portion of Marymount's community.

2013 crime rates in Cuyahoga and Summit counties were well above Ohio averages.

The percentage of people uninsured has declined in recent years, due to two primary factors. First, between 2010 and 2015, unemployment rates at the local (Cuyahoga and Summit counties), state, and national level decreased significantly. Many receive health insurance coverage through their (or a family member's) employer. Second, in 2010 the Patient Protection and Affordable Care Act (ACA, 2010) was enacted, and Ohio was among the states that expanded Medicaid eligibility. In 2015, thirteen out of the 18 ZIP codes in the Marymount

⁴ Linguistic isolation is defined as residents who speak a language other than English and speak English less than "very well."

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community had uninsured rates below ten percent. By 2020, it is projected that this will increase to seventeen of the 18 ZIP codes in the community.

Local Health Status and Access Indicators

In the 2016 *County Health Rankings*, Cuyahoga County ranked in the bottom one-half of Ohio counties for 17 of the 27 indicators assessed. For five issue areas, the county ranked in the bottom quartile including: Quality of Life, Sexually Transmitted Infections, Social and Economic Factors, Inadequate Social Support, and Severe Housing Problems. The county's ranking fell between 2013 and 2016, particularly for various social and economic factors, social determinants of health, Excessive Drinking, and Physical Environment.

Summit County ranked in the bottom 50th percentile among Ohio counties for 11 of the 27 indicators assessed. Of those 11 indicators ranking in the bottom 50th percentile, five of them ranked in the bottom quartile, including Sexually Transmitted Infections, Diabetic Screening, Physical Environment, Air Pollution, and Severe Housing Problems. Between 2013 and 2016, rankings for 17 indicators fell in Summit County. The following indicators underlying the rankings are comparatively unfavorable:

- Air pollution
- Average number of physically unhealthy days
- Binge and heavy drinking
- Chlamydia rate
- Diabetic screening
- Food environment index
- High school graduation rate
- Hospitalization rate for ambulatory care sensitive conditions
- Income inequality rate
- Mammography screening
- Percent of adults reporting fair or poor health
- Percent of adults that report smoking
- Percent of children in poverty
- Percent of children living in a household headed by a single parent
- Percent of driving deaths with alcohol involvement
- Percent of households with severe housing problems
- Percent of live births with low birth weight
- Percent of the population unemployed
- Percent of the population without health insurance
- Percent of the workforce that drives to work alone
- Percent of workers with a long commute who drive alone
- Ratio of population to dentists
- Social associations rate
- Teen birth rate
- Violent crime rate
- Years of potential life lost

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In the 2015 *Community Health Status Indicators*, which compares community health indicators for each county with those for peers across the United States, the following indicators appear to be most significant:

- Annual average particulate matter concentration and the number of individuals living near highways
- Morbidity associated with Alzheimer’s disease, gonorrhea, adult asthma, adult depression, and preterm births
- Mortality rates for cancer and coronary heart disease
- Rates of preventable hospitalizations for older adults
- The number of adults who report binge drinking
- The number of children living in single-parent households

According to the Ohio Department of Health, age-adjusted mortality rates for heart disease, homicide, aortic aneurysm, HIV, and pedestrians killed in traffic collisions were all significantly higher in Cuyahoga County than the Ohio averages. In Summit County, age-adjusted mortality rates for influenza and pneumonia, homicide, aortic aneurysm, and pedestrians killed in traffic collisions were also higher than the Ohio averages. Overall age-adjusted mortality and incidence rates for cancer in the community have been slightly above average.

Ohio Department of Health data also indicate that:

- The incidence of several communicable diseases has been particularly high in Cuyahoga County, including chlamydia, HIV, gonorrhea, and viral meningitis. Rates of chlamydia, gonorrhea, viral meningitis, and hepatitis A, B, and C were also high in Summit County.
- Virtually all maternal and child health indicators (infant mortality rates, low birth weights, preterm births, and teen pregnancies) are comparatively problematic in Cuyahoga County. Neonatal mortality rates, low birth weights, and preterm births are also comparatively problematic in Summit County.

Data from the Centers for Disease Control’s Behavioral Risk Factor Surveillance System (BRFSS) indicate comparatively high rates of smoking, obesity, and high blood pressure in several ZIP codes across the community.

Ambulatory Care Sensitive Conditions

Ambulatory Care Sensitive Conditions (ACSCs) include fourteen health conditions we analyzed “for which good outpatient care can potentially prevent the need for hospitalization or for which early intervention can prevent complications or more severe disease.”⁵ Among these conditions are: angina without procedure, diabetes, perforated appendixes, chronic obstructive pulmonary disease (COPD), hypertension, congestive heart failure, dehydration, bacterial pneumonia, urinary tract infection, and asthma.

⁵Agency for Healthcare Research and Quality (AHRQ) Prevention Quality Indicators.

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We reviewed ACSC rates in the Marymount community for 14 conditions and Marymount community rates have exceeded the Ohio averages for all but two conditions (perforated appendix and bacterial pneumonia). Rates for congestive heart failure, hypertension, angina without procedure, diabetes, low birth weight, chronic obstructive pulmonary disease (COPD), and adult asthma were particularly problematic.

Community Need Index

Dignity Health, a California-based hospital system, developed and has made widely available for public use a *Community Need Index*TM (CNI) that measures barriers to health care access by county/city and ZIP code. The index is based on five social and economic indicators:

- The percentage of elders, children, and single parents living in poverty
- The percentage of adults over the age of 25 with limited English proficiency, and the percentage of the population that is non-White
- The percentage of the population without a high school diploma
- The percentage of uninsured and unemployed residents
- The percentage of the population renting houses

The CNI calculates a score for each ZIP code based on these indicators. Scores range from “Lowest Need” (1.0-1.7) to “Highest Need” (4.2-5.0).

The CNI indicates that six of the 18 ZIP codes in the Marymount community scored in the “highest need category.” Three Cleveland ZIP codes - 44105, 44104 and 44127 - each received a score of 5.0 – the highest score possible.

Food Deserts

The U.S. Department of Agriculture’s Economic Research Service estimates the number of people in each census tract that live in a “food desert,” defined as low-income areas more than one mile from a supermarket or large grocery store in urban areas and more than 10 miles from a supermarket or large grocery store in rural areas. Several locations within the Marymount community have been designated as food deserts.

Medically Underserved Areas and Populations

Medically Underserved Areas and Populations (MUA/Ps) are designated by the Health Resources and Services Administration (HRSA) based on an “Index of Medical Underservice.” The index includes the following variables: ratio of primary medical care physicians per 1,000 population, infant mortality rate, percentage of the population with incomes below the poverty level, and percentage of the population age 65 or over. Areas with a score of 62 or less are considered “medically underserved.” There are approximately 40 census tracts in the hospital’s community that have been designated as medically underserved.

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Health Professional Shortage Areas

A geographic area can receive a federal Health Professional Shortage Area (HPSA) designation if a shortage of primary medical care, dental care, or mental health care professionals is found to be present. A number of census tracts have been designated to be HPSAs in the hospital's community – for primary care and for dental care.

Relevant Findings of Other CHNAs

The following community health needs were most frequently found to be significant in other, recently conducted community health needs assessments:

- Obesity
- Mental/Behavioral health
- Access to basic/primary health care
- Diabetes
- Cardiovascular/heart disease
- Tobacco use/smoking
- Drug/substance abuse
- Alcohol abuse and excessive drinking
- Elderly care/aging population
- Cancer
- Infant mortality (disparities)
- Access to dental care
- Access/lack of health insurance coverage
- Cost of care
- Poverty
- Transportation

The assessment prepared by the Cuyahoga County Health Improvement Partnership (2015) also highlighted issues with violence and health disparities/equity.

Primary Data Summary

The following community health issues were identified by interviewees as significant. The issues are presented based on the frequency with which they were mentioned.

Unhealthy Lifestyle and Related Conditions. In nearly all interviews, the health behaviors of greatest concern were poor eating habits and physical inactivity. Unhealthy diets were attributed to limited access to healthy foods for many in lower socio-economic classes and certain cultural groups. Insufficient knowledge about nutrition was mentioned in many interviews as a contributing factor to poor health conditions, along with a misunderstanding of the perceived affordability of fast food. Interviewees believed that the increasingly sedentary lifestyles of residents were caused by a lack of emphasis on physical activity in the schools and hectic work schedules among adults. Interviewees indicate that unhealthy lifestyles are contributing to

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chronic disease in the community. Obesity, diabetes/pre-diabetes, heart disease, and hypertension were the most often cited conditions. Interviewees stressed the need for additional preventive and wellness services.

Access Issues. Interviewees cited the inability to access available resources as a barrier to improving community health outcomes. Lack of awareness of available services, lack of health insurance or of knowledge on its use, transportation, and providers not accepting Medicaid are some of the main barriers to access. Many interviewees indicated that social determinants of health were also a large barrier, and disproportionately affect the community's low socioeconomic status groups, immigrant populations, those with language barriers, minority populations, elderly adults, and adolescents.

Substance Abuse. A large majority of those interviewed identified the abuse of opiates, including heroin, as a significant health concern. Abuse was cited as a widespread issue affecting individuals in every age and socioeconomic class. The over-prescription of pain medications by physicians and availability of the drugs were believed to be the primary cause of the epidemic.

Conditions and Care of the Elderly. Aging well in the community was a top concern of many interviewees. With an aging population, many chronic conditions associated with elderly populations arose as areas of need. Interviewees also expressed concern for the rates of falls, balance issues and Alzheimer's disease. The growth of this population means more resources will be needed, and respondents noted that there are not enough senior living facilities (especially for low-income seniors), a lack of providers accepting Medicare, challenges with transportation for seniors, and isolation among this population.

Mental Health and Access to Behavioral Health Services. A large majority of those interviewed identified poor mental health and challenges accessing behavioral health resources as a significant need in the community. A number of those interviewed mentioned that the stigma around mental health was negatively affecting the community. Groups that were identified as particularly prone to mental health concerns were adolescents, and those from low-income families. Concerns were also raised regarding the type of mental health services that were accessible, including long-term mental health care, outpatient psychiatric care, and adolescent services. Long waiting lists for substance abuse rehabilitation centers were also brought up as a concern.

Infant Mortality. A majority of interviewees cited the high rate of infant mortality as a serious concern within the community. A lack of access to prenatal health care services and education, especially among low-income and minority populations, contribute to the high mortality rates. Unhealthy lifestyles and poor management of chronic conditions such as diabetes and hypertension among pregnant women were also believed to influence these rates.

Smoking. Several interviewees identified smoking as a significant concern within the Marymount community. High smoking rates were attributed to a lack of motivation among community members to change their behavior in addition to a lack of smoking cessation

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programs. Lung cancer, asthma, and chronic obstructive pulmonary disease were cited as the primary consequences of the behavior.

Underutilization of Community Resources. Interviewees noted that an adequate number of resources are present within the community, but that their utilization rates were abysmal. Transportation issues and limited and inconvenient hours of operation were among the most cited reasons for low participation rates. Interviewees also attributed the lack of participation in community health programs to their geographic locations, stating that most programs operated outside of the communities that needed them the most.

Social and Economic Issues. Within the Marymount Hospital community, interviewees noted that several issues disproportionately affected Black residents, including high rates of poverty and unemployment and decreasing property values. Financial challenges were believed to exacerbate mental health issues and severely limit the community's access to quality healthcare services and healthy foods. Interviewees further noted that low-income Black residents had significantly higher rates of heart disease, diabetes, and hypertension.

SIGNIFICANT COMMUNITY HEALTH NEEDS

Prioritization Process

The following section highlights why certain community health needs were determined to be “significant.” Needs were determined to be significant if they were identified as problematic by at least two of the following three data sources: (1) the most recently available secondary data regarding the community’s health, (2) recent assessments developed by other organizations (e.g., local Health Departments), and (3) the key informants who participated in the interview process.

Access to Affordable Health Care

Access to basic health care is challenging for some segments of the Marymount community who are unaware of how to access and use available services and who experience other access barriers including cost and inadequate transportation. The Marymount community has comparatively unfavorable socioeconomic indicators, particularly in medically underserved areas. The recent election of the new president raises questions regarding whether access improvements associated with the Affordable Care Act will be sustained.

- Federally-designated Medically Underserved Areas (MUAs) and Primary Care Health Professional Shortage Areas (HPSAs) are present in the community served by Marymount (**Exhibits 33 and 34**).
- Rates for ambulatory care sensitive conditions within the Marymount community were significantly higher than the Ohio averages (**Exhibits 28 and 29**). Disproportionately high rates indicate potential problems with the availability or accessibility of ambulatory care and preventive services and can suggest areas for improvement in the health care system and ways to improve outcomes.
- In Community Health Status Indicators (CHSI), Cuyahoga and Summit counties rank poorly compared to peer counties for Older Adult Preventable Hospitalizations (**Exhibit 21**).
- Access to basic medical care was identified by nearly all interviewees as problematic. It was often cited that segments of the population rely excessively on emergency departments for primary care.

Chronic Diseases and Other Health Conditions

Chronic diseases and health conditions including , in alphabetical order, cancer, chemical dependency, communicable diseases (including sexually transmitted infections), diabetes, heart disease, hypertension, obesity, poor birth outcomes, poor mental health status, and respiratory diseases were identified as prevalent in the Marymount community.

SIGNIFICANT COMMUNITY HEALTH NEEDS

- **Cancer**
 - According to the Ohio Department of Health, cancer was the second leading cause of death in Cuyahoga County and the leading cause of death in Summit County (**Exhibit 23**).
 - The mortality rate for stomach cancer in Cuyahoga County was more than 50 percent higher than the Ohio average. Mortality rates for breast, prostate, pancreas, uterus, brain and other CNS, liver and intrahepatic bile duct, multiple myeloma, oral cavity and pharynx, cervix, larynx, and testis cancer were also higher in the community than the state averages. (**Exhibit 23**).
- **Chemical Dependency**
 - In County Health Rankings, Cuyahoga County ranked 52nd out of 88 Ohio counties for Drug Overdose Deaths and 64th for Excessive Drinking (**Exhibit 19**). Both Cuyahoga and Summit counties compared unfavorably to Ohio for the percent of driving deaths with alcohol involvement (**Exhibit 20**).
 - According to the 2014 Ohio Department of Health Drug Overdose Report, fentanyl drug seizures in the United States increased by 300 percent between 2013 and 2014. In 2014, fentanyl-related overdoses accounted for 19.9 percent of accidental overdoses, a significant rise from 4.0 percent in 2013. Additionally, the rate of heroin poisoning in Cuyahoga County was significant higher than the Ohio average.
 - Abuse of opiates was cited as a significant health concern by many interviewees. More than half of the recent health assessments analyzed in this report identified chemical dependency as a significant health need.
- **Communicable Diseases**
 - In County Health Rankings, Cuyahoga County ranked 87th out of the 88 counties in Ohio for Sexually Transmitted Infections and Summit County ranked 80th (**Exhibit 19**).
 - According to the Ohio Department of Health, the age-adjusted mortality rate for HIV in Cuyahoga County was more than twice as high as the state average. Incidence rates for chlamydia, gonorrhea and viral meningitis in Cuyahoga and Summit counties were also significantly higher than the state average (**Exhibits 22 and 25**).
- **Diabetes, Heart Disease, and Hypertension**
 - The age-adjusted mortality rate for Heart Disease in Cuyahoga County was significantly higher than the Ohio average (**Exhibit 22**).
 - ACSC rates for Congestive Heart Failure, Hypertension, Angina without Procedure, and Uncontrolled Diabetes were all significantly higher than the average ACSC rates in Ohio (**Exhibit 29**).
 - In the eleven other, recent assessments, diabetes was the second most frequently identified significant need.
- **Obesity**
 - Federally-designated Food Deserts are present in the community served by Marymount (**Exhibit 32**). Lack of access to affordable healthy food options and high concentrations of fast food restaurants, may lead individuals (particularly those in lower socio-economic classes) to consume calorie dense, nutrient poor

SIGNIFICANT COMMUNITY HEALTH NEEDS

foods that lead to obesity. Chronic conditions such as hypertension and diabetes are much more prevalent among individuals who are obese.

- Behavioral Risk Factor Surveillance System data show that many of the ZIP codes in the Marymount community have comparatively high rates for obesity (**Exhibit 27**).
- **Poor Birth Outcomes**
 - In Community Health Status Indicators, both Cuyahoga and Summit counties benchmarked unfavorably to peer counties for Preterm Births (**Exhibit 21**).
 - Data from the Ohio Department of Health indicate that rates of infant mortality, low birth weights, and preterm births in Cuyahoga County have been significantly higher than the Ohio averages. Low birth weights, preterm births and neonatal mortality rates have also been problematic in Summit County (**Exhibit 26**).
 - ACSC rates for Low Birth Weight were significantly higher than the Ohio average in the Marymount community (**Exhibit 28**).
- **Poor Mental Health Status**
 - Cuyahoga County ranked 54th out of the 88 counties in Ohio for Frequent Mental Distress in County Health Rankings (**Exhibit 19**) and Summit County compared unfavorably to peer counties for Older Adult Depression in Community Health Status Indicators (**Exhibit 21**).
 - Many interviewees identified mental illness and a lack of mental health services as a significant concern for all age groups within the area served by Marymount. Several interviewees cited the connection between poor mental health and negative outcomes for physical health.
- **Respiratory Diseases**
 - ACSC rates for Adult Asthma and Chronic Obstructive Pulmonary Disease were significantly higher than the average ACSC rates in Ohio (**Exhibit 29**).
 - In Community Health Status Indicators, Cuyahoga and Summit counties compared unfavorably to peer counties for Adult Asthma (**Exhibit 21**).
 - Other, recent health assessments identified respiratory diseases as a significant concern in Cuyahoga and Summit counties.

Economic Development and Community Conditions

Several areas within the Marymount community lack adequate social services and experience high rates of poverty, unemployment, crime and adverse environmental conditions.

- Cuyahoga County has a higher poverty rate than both the Ohio and national averages (**Exhibit 12**).
 - Poverty rates among Black and Hispanic (or Latino) populations in Cuyahoga County are more than twice as high as the poverty rate of White residents. The poverty rate among Asian populations in Summit County is also comparatively high (**Exhibit 13**).
 - Federally-designated Low Income Areas are present in the community served by Marymount (**Exhibit 14**).

SIGNIFICANT COMMUNITY HEALTH NEEDS

- In County Health Rankings, Cuyahoga County ranked 79th out of the 88 counties in Ohio for Social and Economic Factors, 59th for Unemployment, and 78th for Inadequate Social Support. Summit County also ranked in the bottom half of Ohio counties for Social and Economic Factors and Inadequate Social Support (**Exhibit 19**).
- According to the Community Need Index, six out of the 18 ZIP codes in Marymount’s community scored in the “highest need category” (**Exhibit 30**).
- A majority of interviewees identified economic and healthcare disparities among minority residents as significant community health issues.
- Crime rates in Cuyahoga and Summit counties have been well above Ohio averages (**Exhibit 18**) and recent homicide rates in Cuyahoga County have been nearly fifty percent higher than the Ohio average (**Exhibit 22**).
- In County Health Rankings, Summit County ranked 84th out of 88 counties in Physical Environment, 75th in Air Pollution, and 71st in Severe Housing Problems. Cuyahoga County ranked 61st in Physical Environment, 63rd in Air Pollution, and 87th in Severe Housing Problems (**Exhibit 19**).
- Other health assessments also identified transportation and environmental concerns as priorities.
- Interviewees identified a lack of transportation options as a significant barrier to good health in the community. This was especially true for low-income, elderly, and disabled residents.

Health Professions Education and Research

There is a need for more research to address these and other community health needs. More trained health professionals are needed locally, regionally and nationally. Research conducted by Cleveland Clinic has improved health for community members through advancements in new clinical techniques, devices and treatment protocols in diseases and health conditions such as cancer, heart disease and diabetes.

- Federally-designated Medically Underserved Areas and Primary Care and Dental Health Professional Shortage Areas are present in the community served by Marymount (**Exhibits 33 and 34**).
- A report conducted by the Robert Graham Center indicates that Ohio will need an additional 681 primary care physicians by 2030 (an eight percent increase) to maintain current levels of primary care access. Physicians nearing retirement age and increases in demand associated with increases in insurance coverage are expected to exacerbate this need.⁶
- Through research, Cleveland Clinic has advanced knowledge and improved community health for all its communities, from local to national, and across the world. Cleveland Clinic is involved in both basic research and clinical studies and seeks to translate discoveries into advanced treatments and cures for a variety of diseases and conditions. Cleveland Clinic’s tripartite mission of patient care, research and education facilitates

⁶ Petterson, Stephen M; Cai, Angela; Moore, Miranda; Bazemore, Andrew. State-level projections of primary care workforce, 2010-2030. September 2013, Robert Graham Center, Washington, D.C.

SIGNIFICANT COMMUNITY HEALTH NEEDS

bringing new therapies and treatments to patients and their providers, because Cleveland Clinic physicians provide quality clinical care closely integrated with the latest research and educational developments. Research is conducted at and in collaboration with all Cleveland Clinic hospitals. This allows patients to access the latest techniques and to enroll in research trials no matter where they access care in the health system.

Healthcare for the Elderly

The elderly population in the Marymount community is expected to increase in the next five years and meeting the health and social service needs of the aging population is a significant issue.

- While the population in Marymount's community is projected to decrease by one percent between 2015 and 2020; the number of persons 65 years of age and older in the community is projected to increase by 12.0 percent over this period (**Exhibit 7**).
- In Community Health Status Indicators (CHSI), Cuyahoga and Summit counties rank poorly compared to peer counties for Older Adult Preventable Hospitalizations (**Exhibit 21**).
- Interviewees identified care of the elderly as a challenge in the community, including the need for additional in-home health care, services, and day care services. Concerns were also raised about the lack of providers accepting Medicare and the number of seniors who live alone.

Wellness

Programs and activities that target behavioral health change were identified as needed in the Marymount community. Education and opportunities for residents regarding exercise, nutrition, and smoking cessation specifically were noted.

- Behavioral Risk Factor Surveillance System data show that 9 of the 18 ZIP codes in the Marymount community have significant percentages of residents who smoke compared to the average percent in the 21 counties in Northeast Ohio (**Exhibit 27**). Smoking was also identified as a significant concern by many interviewees.
- Federally-designated Food Deserts are present in the community served by Marymount (**Exhibit 32**). Lack of access to affordable healthy food options and high concentrations of fast food restaurants, may lead individuals (particularly those in lower socio-economic classes) to consume nutrient poor foods.
- The lack of access to healthy food and a lack of nutrition-based education were perceived to be two of the main reasons individuals in the community had poor diets.

OTHER FACILITIES AND RESOURCES IN THE COMMUNITY

This section identifies other facilities and resources available in the community served by Marymount that are available to address community health needs.

Federally Qualified Health Centers

Federally Qualified Health Centers (FQHCs) are established to promote access to ambulatory care in areas designated as “medically underserved.” These clinics provide primary care, mental health, and dental services for lower-income members of the community. FQHCs receive enhanced reimbursement for Medicaid and Medicare services and most also receive federal grant funds under Section 330 of the Public Health Service Act. There currently are three FQHC sites operating in the Marymount community (**Exhibit 4**).

Exhibit 4: Federally Qualified Health Centers

Health Center	County	ZIP Code
Carl B. Stokes Social Services Mall	Cuyahoga	44104
Miles Broadway Health Center	Cuyahoga	44105
SouthEast Health Center	Cuyahoga	44105

Source: Health Resources and Services Administration, 2016.

Hospitals

Exhibit 5 presents information on hospital facilities that operate in the community.

Exhibit 5: Hospitals

Hospital Name	Type	Beds	ZIP Code	County
Cleveland Clinic Children's Hospital for Rehabilitation	Children's Rehabilitation	52	44104	Cuyahoga
Highland Springs Hospital	Psychiatric	72	44122	Cuyahoga
Kindred Hospital- Cleveland	Long-Term Acute Care	68	44120	Cuyahoga
MetroHealth Medical Center- Main Campus	General Hospital	731	44109	Cuyahoga
Regency North Central Ohio- Cleveland East	Long-Term Acute Care	44	44128	Cuyahoga
South Pointe Hospital	General Hospital	173	44122	Cuyahoga
University Hospitals Ahuja Medical Center	General Hospital	144	44122	Cuyahoga
University Hospitals Bedford Medical Center Campus	General Hospital	110	44146	Cuyahoga
University Hospitals Rehabilitation Hospital	Rehabilitation	50	44122	Cuyahoga

Source: Ohio Hospital Association, 2016.

OTHER FACILITIES AND RESOURCES IN THE COMMUNITY

Other Community Resources

A wide range of agencies, coalitions, and organizations that provide health and social services is available in the region served by Marymount. United Way 2-1-1 Ohio maintains a large, online database to help refer individuals in need to health and human services in Ohio. This is a service of the Ohio Department of Social Services and is provided in partnership with the Council of Community Services, The Planning Council, and United Way chapters in Cleveland. United Way 2-1-1 Ohio contains information on organizations and resources in the following categories:

- Donations and Volunteering
- Education, Recreation, and the Arts
- Employment and Income Support
- Family Support and Parenting
- Food, Clothing, and Household Items
- Health Care
- Housing and Utilities
- Legal Services and Financial Management
- Mental Health and Counseling
- Municipal and Community Services
- Substance Abuse and Other Addictions

Additional information about these resources is available at: <http://www.211oh.org/>.

APPENDIX A – CONSULTANT QUALIFICATIONS

Verité Healthcare Consulting, LLC (Verité) was founded in May 2006 and is located in Alexandria, Virginia. The firm serves clients throughout the United States as a resource that helps health care providers conduct Community Health Needs Assessments and develop Implementation Strategies to address significant health needs. Verité has conducted more than 50 needs assessments for hospitals, health systems, and community partnerships nationally since 2010.

The firm also helps hospitals, hospital associations, and policy makers with community benefit reporting, program infrastructure, compliance, and community benefit-related policy and guidelines development. Verité is a recognized national thought leader in community benefit and Community Health Needs Assessments.

APPENDIX B – SECONDARY DATA ASSESSMENT

This section presents an assessment of secondary data regarding health needs in the Marymount community.

Community Assessed

As mentioned previously and shown in **Exhibit 1**, Marymount’s community is comprised of 18 ZIP codes in Cuyahoga and Summit counties in Ohio.

Demographics

Population characteristics and changes directly influence community health needs. The total population in the Marymount community is expected to decrease 1.0 percent from 2015 to 2020 (**Exhibit 6**).

Exhibit 6: Percent Change in Community Population by ZIP Code

County	City	ZIP Code	Estimated Population 2015	Projected Population 2020	Percent Change 2015-2020
Cuyahoga	Beachwood	44122	33,661	33,514	-0.4%
Cuyahoga	Bedford	44146	29,602	29,483	-0.4%
Cuyahoga	Brecksville	44141	14,046	14,074	0.2%
Cuyahoga	Broadview Heights	44147	19,706	20,240	2.7%
Cuyahoga	Cleveland	44104	22,327	22,180	-0.7%
Cuyahoga	Cleveland	44105	37,633	35,694	-5.2%
Cuyahoga	Cleveland	44109	39,023	38,011	-2.6%
Cuyahoga	Cleveland	44120	35,932	34,539	-3.9%
Cuyahoga	Cleveland	44125	27,551	26,881	-2.4%
Cuyahoga	Cleveland	44127	5,215	4,957	-4.9%
Cuyahoga	Cleveland	44128	28,303	27,539	-2.7%
Cuyahoga	Cleveland	44134	38,190	37,694	-1.3%
Cuyahoga	Independence	44131	20,110	19,939	-0.9%
Cuyahoga	Maple Heights	44137	22,566	22,236	-1.5%
Cuyahoga	Solon	44139	24,770	25,234	1.9%
Summit	Macedonia	44056	11,970	12,403	3.6%
Summit	Northfield	44067	20,775	21,266	2.4%
Summit	Twinsburg	44087	21,583	22,405	3.8%
Community Total			452,963	448,289	-1.0%

Source: Truven Market Expert, 2015.

Between 2015 and 2020, 12 of the 18 ZIP codes in the community are projected to decrease in population size. The populations in Cleveland ZIP codes 44105 and 44127 are expected to decrease by approximately five percent.

APPENDIX B – SECONDARY DATA ASSESSMENT

Exhibit 7 shows the community’s population for certain age and sex cohorts in 2015, with projections to 2020.

Exhibit 7: Percent Change in Population by Age/Sex Cohort, 2015-2020

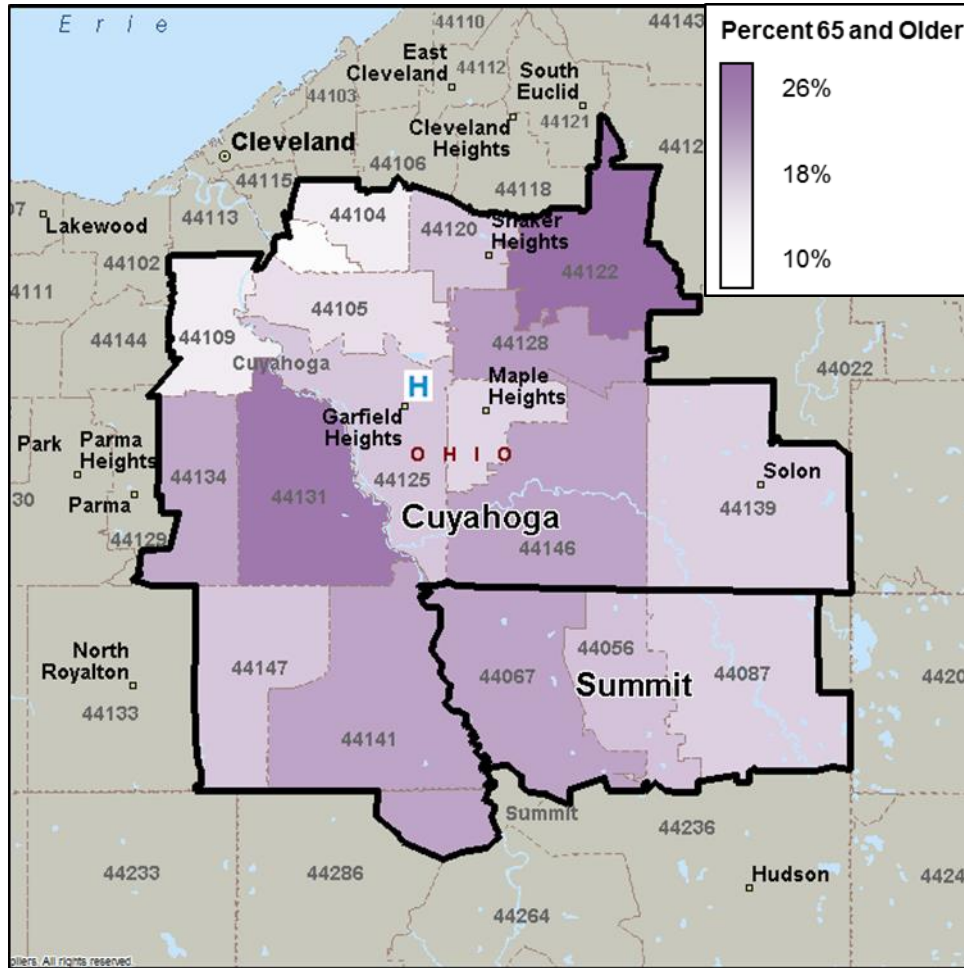
Age/Sex Cohort	Estimated Population 2015	Projected Population 2020	Percent Change 2015-2020
0-17	102,818	97,342	-5.3%
Female 18-44	73,983	73,012	-1.3%
Male 18-44	68,499	69,409	1.3%
45-64	129,890	121,437	-6.5%
65+	77,773	87,089	12.0%
Community Total	452,963	448,289	-1.0%

Source: Truven Market Expert, 2015.

The number of persons aged 65 years and older is projected to increase by 12.0 percent between 2015 and 2020. The 0-17, female 18-44, and 45-64 age groups are expected to decrease in population. The growth of older populations is likely to lead to growing need for health services, since on an overall per-capita basis, older individuals typically need and use more services than younger persons.

Exhibit 8 illustrates the percent of the population 65 years of age and older in the community by ZIP code.

Exhibit 8: Percent of Population Aged 65+ by ZIP Code, 2015

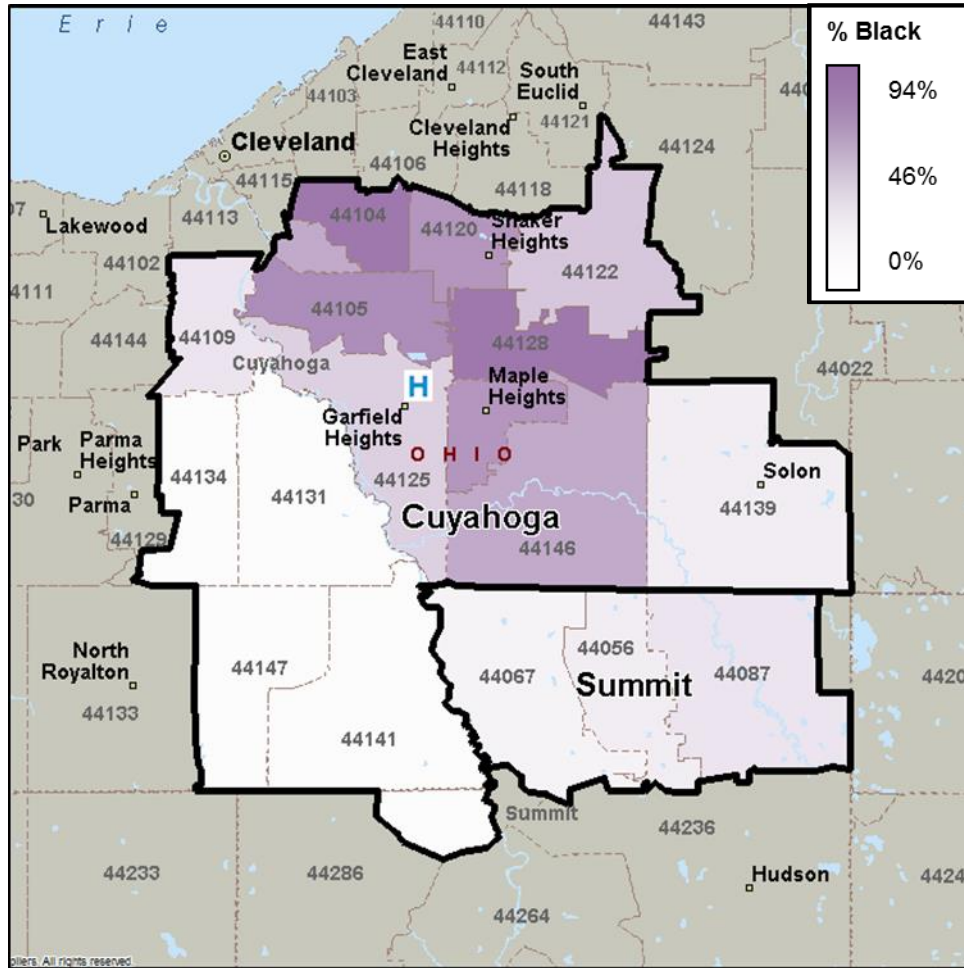


Source: Truven Market Expert, 2015.

In the community, ZIP codes 44131 and 44122 had the highest proportions of residents 65 years of age and older.

Exhibits 9 and 10 show locations in the community where the percentages of the population that are Black and Hispanic (or Latino) were highest in 2015.

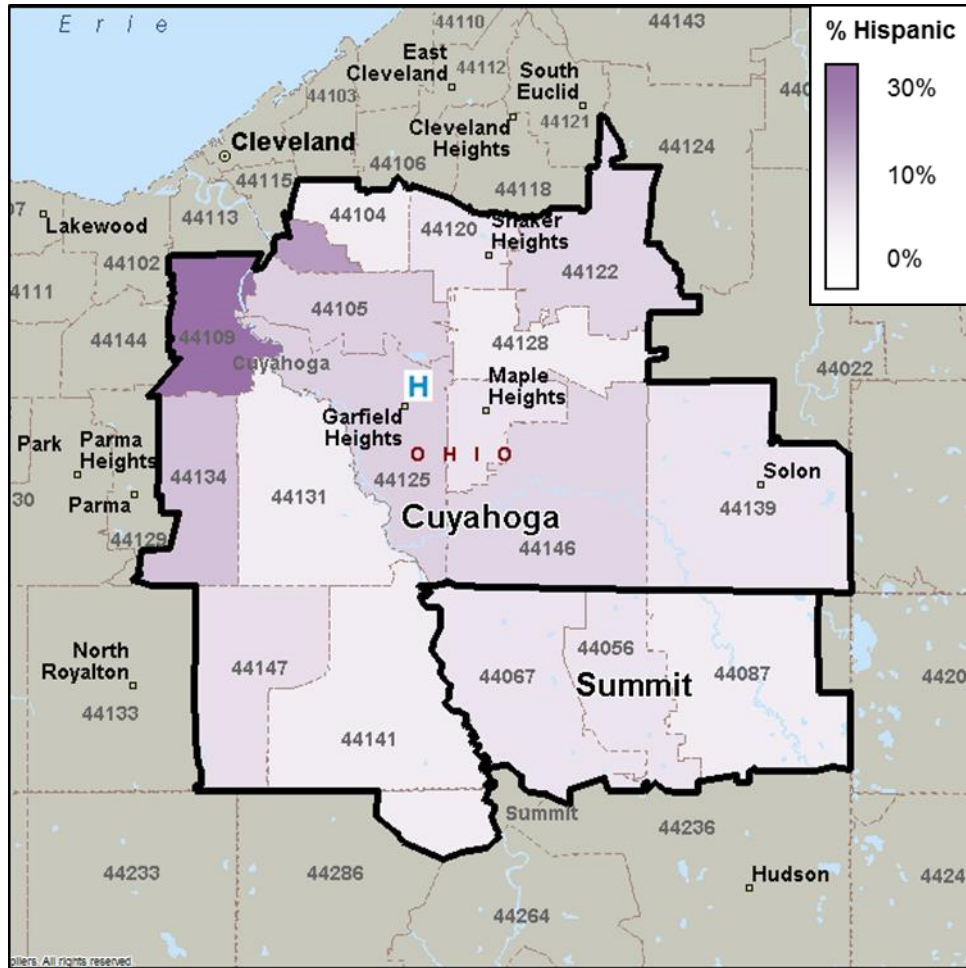
Exhibit 9: Percent of Population - Black, 2015



Source: Truven Market Expert, 2015.

Over seventy percent of residents of ZIP codes 44104, 44128, 44105, 44120, and 44137 were Black. Fewer than five percent of residents were Black in ZIP codes 44147, 44134, 44141, and 44131.

Exhibit 10: Percent of Population – Hispanic (or Latino), 2015



Source: Truven Market Expert, 2015.

The percentage of residents that are Hispanic (or Latino) was highest in ZIP code 44109.

APPENDIX B – SECONDARY DATA ASSESSMENT

Data regarding residents without a high school diploma, with a disability, and who are linguistically isolated are presented in **Exhibit 11** for Cuyahoga and Summit counties, Ohio, and the United States.

Exhibit 11: Other Socioeconomic Indicators, 2014

Measure	Cuyahoga County	Summit County	Ohio	United States
Population 25+ without High School Diploma	12.1%	9.3%	11.2%	13.6%
Population with a Disability	14.3%	12.5%	13.5%	12.3%
Population Linguistically Isolated	4.1%	2.1%	2.4%	8.6%

Source: U.S. Census, ACS 5-Year Estimates, 2010-2014.

Exhibit 11 indicates that:

- Cuyahoga County had a higher percentage of residents aged 25 years and older without a high school diploma than the Ohio average.
- Cuyahoga County had a higher percentage of the population with a disability compared to Ohio and United States averages.
- Compared to Ohio, Cuyahoga County had a higher proportion of the population that is linguistically isolated. Linguistic isolation is defined as residents who speak a language other than English and speak English less than “very well.”

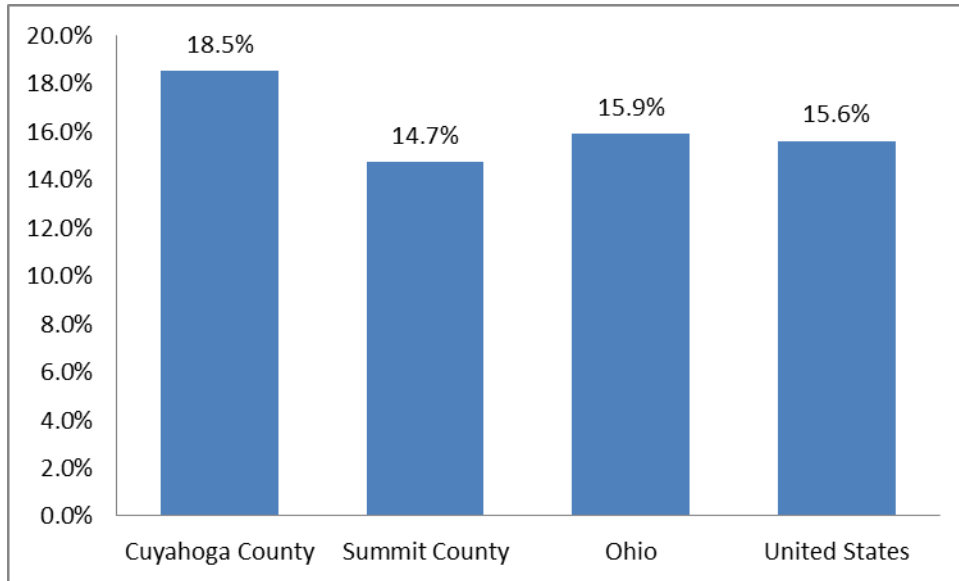
Economic indicators

The following categories of economic indicators with implications for health were assessed: (1) people in poverty; (2) unemployment rate; (3) insurance status; and (4) crime.

People in Poverty

Many health needs have been associated with poverty. According to the U.S. Census, in 2014 approximately 15.9 percent of people in Ohio were living in poverty. Cuyahoga County’s poverty rate was higher than Ohio’s poverty rate during that year (**Exhibit 12**).

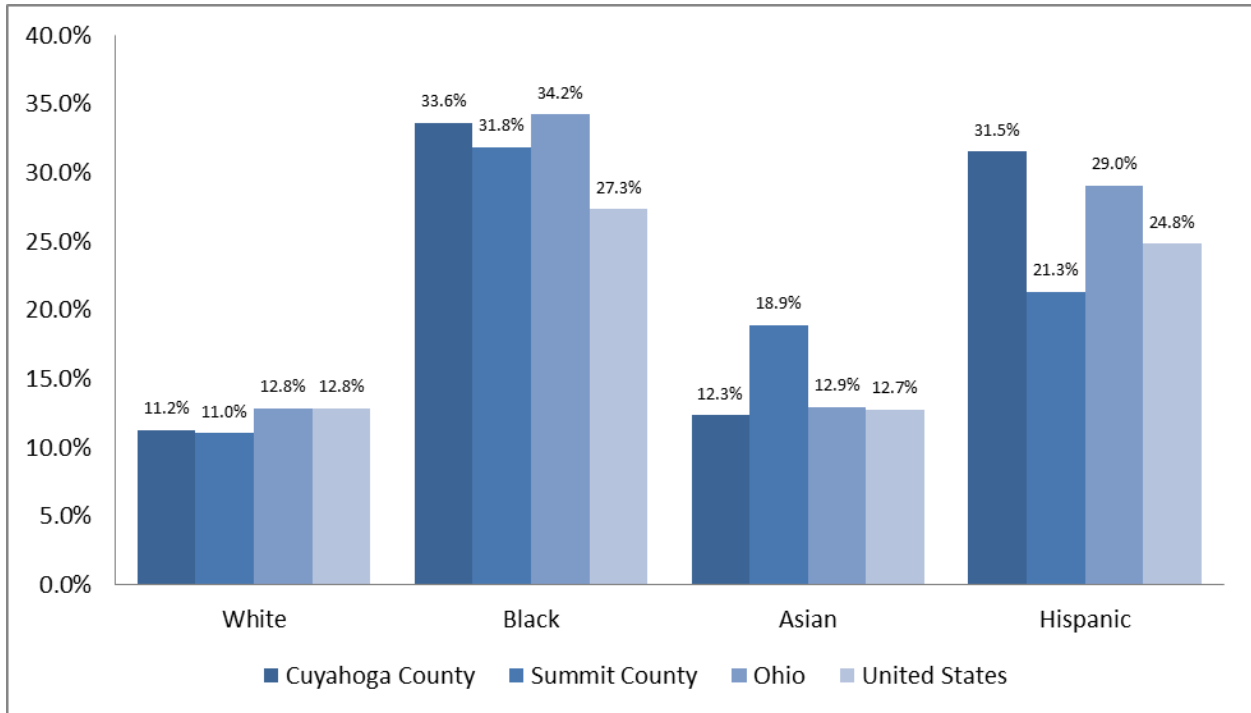
Exhibit 12: Percent of People in Poverty, 2014



Source: U.S. Census, ACS 5-Year Estimates, 2010-2014.

Considerable variation in poverty rates is present across racial and ethnic categories, in Cuyahoga County, Summit County and Ohio (**Exhibit 13**).

Exhibit 13: Poverty Rates by Race and Ethnicity, 2014

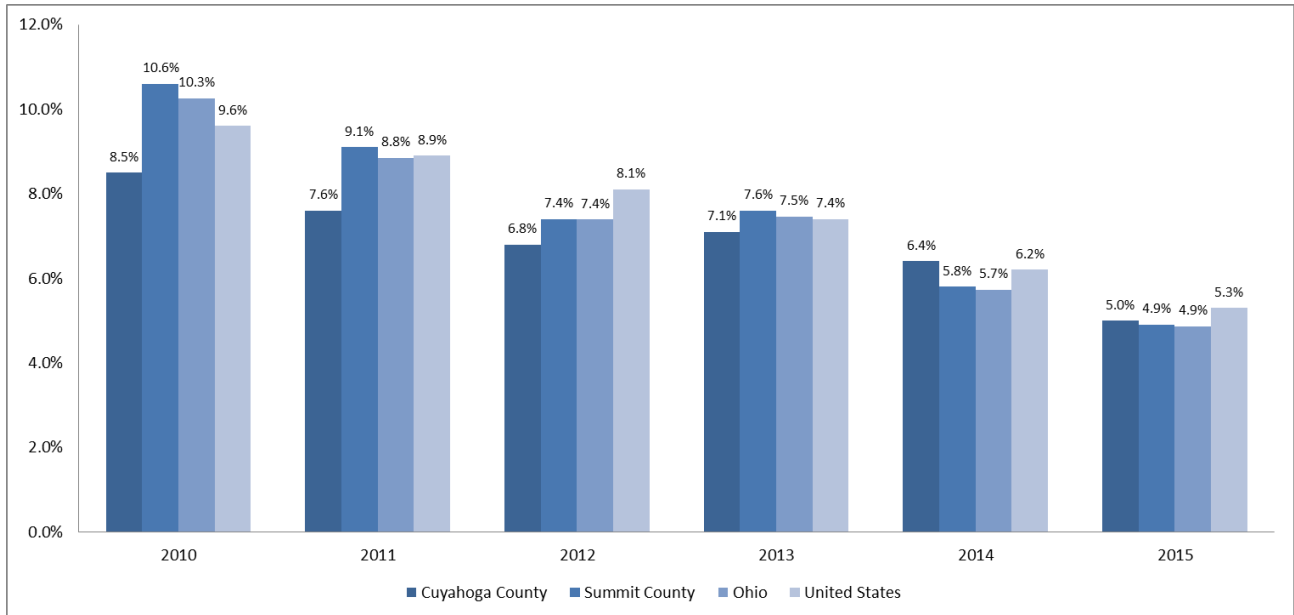


Source: U.S. Census, ACS 5-Year Estimates, 2010-2014.

Poverty rates in Cuyahoga and Summit counties and Ohio have been comparatively high for Black residents. The poverty rates for Hispanic (or Latino) residents of Cuyahoga County and Asian residents of Summit County have exceeded the Ohio average.

Exhibit 14 portrays (in green shading) the locations of low income census tracts in the community. The U.S. Department of Agriculture defines “low income census tracts” as areas where poverty rates are 20 percent or higher or where median family incomes are 80 percent or lower than within the metropolitan area.

Exhibit 16: Unemployment Rates, 2010-2015



Source: Bureau of Labor Statistics, 2010-2015.

Between 2010 and 2015, unemployment rates at the local (Cuyahoga and Summit counties), state, and national level decreased significantly. In 2015, the unemployment rate in Cuyahoga County was higher than the state rate.

Insurance Status

Exhibit 17 presents the estimated percent of populations in the Cuyahoga and Summit counties without health insurance (uninsured), by ZIP code.

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Exhibit 17: Percent of the Population without Health Insurance, 2015-2020

County	City	ZIP Code	Households	Total Population 2015	% Uninsured 2015	Total Population 2020	% Uninsured 2020
Cuyahoga	Beachwood	44122	14,238	33,661	5.0%	33,514	3.5%
Cuyahoga	Bedford	44146	13,930	29,602	6.4%	29,483	4.3%
Cuyahoga	Brecksville	44141	5,549	14,046	2.7%	14,074	2.0%
Cuyahoga	Broadview Heights	44147	7,710	19,706	3.3%	20,240	2.4%
Cuyahoga	Cleveland	44104	9,047	22,327	14.6%	22,180	10.1%
Cuyahoga	Cleveland	44105	15,248	37,633	10.9%	35,694	7.4%
Cuyahoga	Cleveland	44109	16,137	39,023	10.0%	38,011	6.5%
Cuyahoga	Cleveland	44120	16,405	35,932	10.3%	34,539	7.0%
Cuyahoga	Cleveland	44125	11,231	27,551	6.6%	26,881	4.5%
Cuyahoga	Cleveland	44127	2,109	5,215	13.1%	4,957	8.6%
Cuyahoga	Cleveland	44128	12,517	28,303	8.3%	27,539	5.7%
Cuyahoga	Cleveland	44134	16,338	38,190	5.9%	37,694	3.9%
Cuyahoga	Independence	44131	8,269	20,110	4.1%	19,939	2.9%
Cuyahoga	Maple Heights	44137	9,502	22,566	7.1%	22,236	4.9%
Cuyahoga	Solon	44139	8,934	24,770	2.5%	25,234	1.9%
Summit	Macedonia	44056	4,566	11,970	2.6%	12,403	1.9%
Summit	Northfield	44067	8,657	20,775	3.2%	21,266	2.2%
Summit	Twinsburg	44087	8,338	21,583	2.8%	22,405	2.0%

Source: Truven Market Expert, 2015.

In 2015, five out of the 18 ZIP codes in the Marymount community had uninsured rates above ten percent. By 2020, it is projected that only one of the 18 ZIP codes in the community will have uninsured rates above ten percent, ZIP code 44104.

Ohio Medicaid Expansion

Subsequent to the ACA’s passage, a June 2012 Supreme Court ruling provided states with discretion regarding whether or not to expand Medicaid eligibility. Ohio was one of the states that expanded Medicaid. Medicaid expansion accounted for over 76 percent of Ohio’s ACA enrollment and plans purchased through the federal healthcare.gov exchange accounted for about 24 percent.⁷

In Ohio, Medicaid primarily is available for low-income individuals, pregnant women, children, low-income elderly persons, and individuals with disabilities.⁸ With a network of more than 83,000 providers, the Ohio Department of Medicaid covers over 2.9 million Ohio residents. Across the United States, uninsured rates have fallen most in states that decided to expand Medicaid.⁹

⁷ <http://watchdog.org/237980/75percent-ohio-obamacare/>

⁸ <http://medicaid.ohio.gov/FOROHIOANS/WhoQualifies.aspx>

⁹ See: <http://hrms.urban.org/briefs/Increase-in-Medicaid-under-the-ACA-reduces-uninsurance.html>

APPENDIX B – SECONDARY DATA ASSESSMENT

The recent election of the new president raises questions regarding whether access improvements associated with the Affordable Care Act will be sustained.

Crime

Exhibit 18 provides certain crime statistics for Cuyahoga and Summit counties and Ohio.

Exhibit 18: Crime Rates by Type and County, Per 100,000, 2013
(Light grey shading indicates indicator worse than Ohio average; Dark grey shading indicates more than 50 percent worse than Ohio average)

Crime	Cuyahoga County	Summit County	Ohio
Violent Crime	613.3	377.7	278.4
Property Crime	3,141.8	3,246.1	2,880.8
Murder	6.4	6.6	4.4
Rape	48.8	47.8	36.2
Robbery	362.1	124.0	129.2
Aggravated Assault	196.1	199.3	126.1
Burglary	966.2	845.2	786.5
Larceny	1,720.5	2,239.1	1,921.8
Motor Vehicle Theft	455.1	161.7	172.5
Arson	32.5	24.1	21.1

Source: FBI, 2013.

2013 crime rates in Cuyahoga County were well above the Ohio average for all crimes except larceny. Crime rates in Summit County were also above the Ohio average for all crimes except robbery and motor vehicle theft.

Local Health Status and Access Indicators

This section assesses health status and access indicators for the Marymount community. Data sources include: (1) County Health Rankings, (2) the Centers for Disease Control’s (CDC) Community Health Status Indicators, (3) the Ohio Department of Health, and (4) the CDC’s Behavioral Risk Factor Surveillance System.

Throughout this section, data and cells are highlighted if indicators are unfavorable – because they exceed benchmarks (typically, Ohio averages). Where confidence interval data are available, cells are highlighted only if variances are unfavorable and statistically significant.

County Health Rankings

County Health Rankings, a University of Wisconsin Population Health Institute initiative funded by the Robert Wood Johnson Foundation, incorporates a variety of health status indicators into a system that ranks each county/city within each state in terms of “health factors” and “health

APPENDIX B – SECONDARY DATA ASSESSMENT

outcomes.” These health factors and outcomes are composite measures based on several variables grouped into the following categories: health behaviors, clinical care,¹⁰ social and economic factors, and physical environment.¹¹ *County Health Rankings* is updated annually. *County Health Rankings 2016* relies on data from 2006 to 2015, with most data from 2010 to 2013.

Exhibit 19 presents 2013 and 2016 rankings for each available indicator category. Rankings indicate how the county ranked in relation to all 88 counties in the Ohio, with 1 indicating the most favorable rankings and 88 the least favorable. The table also indicates if rankings fell between 2013 and 2016.

¹⁰A composite measure of Access to Care, which examines the percent of the population without health insurance and ratio of population to primary care physicians, and Quality of Care, which examines the hospitalization rate for ambulatory care sensitive conditions, whether diabetic Medicare patients are receiving HbA1C screening, and percent of chronically ill Medicare enrollees in hospice care in the last 8 months of life.

¹¹A composite measure that examines Environmental Quality, which measures the number of air pollution-particulate matter days and air pollution-ozone days, and Built Environment, which measures access to healthy foods and recreational facilities and the percent of restaurants that are fast food.

APPENDIX B – SECONDARY DATA ASSESSMENT

Exhibit 19: County Health Rankings, 2013 and 2016
 (Light grey shading indicates indicator in bottom half of Ohio counties; Dark grey shading indicates in bottom quartile of Ohio counties)

	Cuyahoga County			Summit County		
	2013	2016	Rank Change	2013	2016	Rank Change
Health Outcomes	67	64		41	52	↓
Health Factors	45	53	↓	29	46	↓
Length of Life	58	54		44	40	
Quality of Life	76	73		47	60	↓
Frequent Physical Distress	N/A	63		N/A	44	
Frequent Mental Distress	N/A	54		N/A	31	
Drug Overdose Deaths	N/A	52		N/A	44	
Health Behaviors	15	39	↓	13	40	↓
Adult Smoking	16	18	↓	19	49	↓
Adult Obesity	7	9	↓	11	16	↓
Excessive Drinking	51	64	↓	52	18	
Sexually Transmitted Infections	87	87		80	80	
Teen Births	55	51		28	24	
Clinical Care	7	5		13	22	↓
Primary Care Physicians	3	2		6	6	
Dentists	1	1		10	13	↓
Mental Health Providers	3	1		5	11	↓
Preventable Hospital Stays	36	34		39	42	↓
Diabetic Screening	69	62		52	67	↓
Social & Economic Factors	76	79	↓	47	48	↓
Some College	10	9		8	12	↓
Unemployment	15	59	↓	24	44	↓
Inadequate Social Support	39	78	↓	27	60	↓
Injury Deaths	1	30	↓	5	29	↓
Physical Environment	36	61	↓	78	84	↓
Air Pollution	66	63		76	75	
Severe Housing Problems	N/A	87		N/A	71	

Source: County Health Rankings, 2016.

In 2016, Cuyahoga County ranked in the bottom 50th percentile among Ohio counties for 17 of the 27 indicators assessed. Of those 17 indicators ranking in the bottom 50th percentile, five of them ranked in the bottom quartile, including Quality of Life, Sexually Transmitted Infections, Social and Economic Factors, Inadequate Social Support, and Severe Housing Problems. Between 2013 and 2016, rankings for 10 indicators fell in Cuyahoga County. Summit County ranked in the bottom 50th percentile among Ohio counties for 11 of the 27 indicators assessed. Of those 11 indicators ranking in the bottom 50th percentile, five of them ranked in the bottom quartile, including Sexually Transmitted Infections, Diabetic Screening, Physical Environment, Air Pollution, and Severe Housing Problems. Between 2013 and 2016, rankings for 17 indicators fell in Summit County.

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Exhibit 20 provides data for each underlying indicator of the composite categories in the County Health Rankings.¹² The exhibit also includes national averages.

¹² County Health Rankings provides details about what each indicator measures, how it is defined, and data sources at http://www.countyhealthrankings.org/sites/default/files/resources/2013Measures_datasources_years.pdf

APPENDIX B – SECONDARY DATA ASSESSMENT

Exhibit 20: County Health Rankings Data Compared to Ohio and U.S. Averages, 2016
 (Light grey shading indicates indicator worse than Ohio average; Dark grey shading indicates more than 50 percent worse than Ohio average)

Indicator Category	Data	Cuyahoga County	Summit County	Ohio	U.S.
Health Outcomes					
Length of Life	Years of potential life lost before age 75 per 100,000 population	7,907.7	7,252.8	7,533.6	7,700.0
Quality of Life	Percent of adults reporting fair or poor health	16.5	16.5	16.0	16.0
	Average number of physically unhealthy days reported in past 30 days	3.9	3.8	3.8	3.7
	Average number of mentally unhealthy days reported in past 30 days	4.0	4.0	4.0	3.7
	Percent of live births with low birthweight (<2500 grams)	10.5	9.0	8.6	8.0
Health Factors					
Health Behaviors					
Adult Smoking	Percent of adults that report smoking >= 100 cigarettes and currently smoking	18.3	20.1	19.2	18.0
Adult Obesity	Percent of adults that report a BMI >= 30	28.6	29.2	30.5	31.0
Food Environment Index	Index of factors that contribute to a healthy food environment, 0 (worst) to 10 (best)	6.6	6.6	6.9	7.2
Physical Inactivity	Percent of adults aged 20 and over reporting no leisure-time physical activity	25.6	24.0	26.3	28.0
Access to Exercise Opportunities	Percent of population with adequate access to locations for physical activity	95.6	95.7	83.2	62.0
Alcohol Impaired Driving Deaths	Percent of driving deaths with alcohol involvement	45.3	53.5	35.3	30.0
Excessive Drinking	Binge plus heavy drinking	18.2	16.3	17.9	17.0
STDs	Chlamydia rate per 100,000 population	792.4	441.2	460.2	287.7
Teen Births	Teen birth rate per 1,000 female population, ages 15-19	37.7	31.3	34.4	40.0
Clinical Care					
Uninsured	Percent of population under age 65 without health insurance	13.3	12.6	13.0	17.0
Primary Care Physicians	Ratio of population to primary care physicians	879:1	1002:1	1296:1	1990:1
Dentists	Ratio of population to dentists	1028:1	1715:1	1713:1	2590:1
Mental Health Providers	Ratio of population to mental health providers	402:1	529:1	642:1	1060:1
Preventable Hospital Stays	Hospitalization rate for ambulatory-care sensitive conditions per 1,000 Medicare enrollees	64.7	67.1	64.9	60.0
Diabetic Screening	Percent of diabetic Medicare enrollees that receive HbA1c monitoring	83.9	83.3	84.9	85.0
Mammography Screening	Percent of female Medicare enrollees, ages 67-69, that receive mammography screening	65.0	59.0	60.0	61.0

Source: County Health Rankings, 2016.

APPENDIX B – SECONDARY DATA ASSESSMENT

Exhibit 20: County Health Rankings Data Compared to Ohio and U.S. Averages, 2016 (continued)
 (Light grey shading indicates indicator worse than Ohio average; Dark grey shading indicates more than 50 percent worse than Ohio average)

Indicator Category	Data	Cuyahoga County	Summit County	Ohio	U.S.
Health Factors					
Social & Economic Factors					
High School Graduation	Percent of ninth-grade cohort that graduates in four years	75.8	83.9	82.7	86.0
Some College	Percent of adults aged 25-44 years with some post-secondary education	68.4	67.1	63.4	56.0
Unemployment	Percent of population age 16+ unemployed but seeking work	6.4	5.8	5.7	6.0
Children in poverty	Percent of children under age 18 in poverty	30.0	20.3	22.7	23.0
Income Inequality	Ratio of household income at the 80th percentile to income at the 20th percentile	5.6	4.8	4.8	4.4
Children in single-parent households	Percent of children that live in a household headed by single parent	44.9	36.2	35.4	32.0
Social Associations	Number of associations per 10,000 population	9.2	11.4	11.4	13.0
Violent Crime	Number of reported violent crime offenses per 100,000 population	559.8	405.5	307.2	199.0
Injury Deaths	Injury mortality per 100,000	59.1	58.5	62.7	74.0
Physical Environment					
Air Pollution	The average daily measure of fine particulate matter in micrograms per cubic meter (PM2.5) in a county	13.6	13.8	13.5	11.9
Severe Housing Problems	Percentage of households with at least 1 of 4 housing problems: overcrowding, high housing costs, or lack of kitchen or plumbing facilities	18.9	15.5	15.2	14.0
Drive Alone to Work	Percent of the workforce that drives alone to work	80.1	87.1	83.5	80.0
Long Commute- Drive Alone	Among workers who commute in their car alone, the percent that commute more than 30 minutes	31.9	27.2	29.4	29.0

Source: County Health Rankings, 2016

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Exhibit 20 highlights the following comparatively unfavorable indicators:

- Years of potential life lost
- Percent of adults reporting fair or poor health
- Average number of physically unhealthy days
- Percent of live births with low birth weight
- Percent of adults that report smoking
- Food environment index
- Percent of driving deaths with alcohol involvement
- Binge and heavy drinking
- Chlamydia rate
- Teen birth rate
- Percent of the population without health insurance
- Ratio of population to dentists
- Hospitalization rate for ambulatory care sensitive conditions
- Diabetic screening
- Mammography screening
- High school graduation rate
- Percent of the population unemployed
- Percent of children in poverty
- Income inequality rate
- Percent of children living in a household headed by a single parent
- Social associations rate
- Violent crime rate
- Air pollution
- Percent of households with severe housing problems
- Percent of the workforce that drives to work alone
- Percent of workers with a long commute who drive alone

Community Health Status Indicators

The Centers for Disease Control and Prevention’s *Community Health Status Indicators* provide health profiles for all 3,143 counties in the United States. Counties are assessed using 44 metrics associated with health outcomes including health care access and quality, health behaviors, social factors, and the physical environment.

The *Community Health Status Indicators* allows for a comparison of a given county to other “peer counties.” Peer counties are assigned based on 19 variables including population size, population growth, population density, household income, unemployment, percent children, percent elderly, and poverty rates.

Exhibit 21 compares Cuyahoga and Summit counties to their respective peer counties and cities and highlights community health issues found to rank in the bottom quartile of the counties included in the analysis.

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Exhibit 21: Community Health Status Indicators, 2015
 (Shading indicates indicator in bottom quartile compared to peer counties)

Category	Indicator	Cuyahoga County	Summit County
Mortality	Alzheimer's Disease Deaths		
	Cancer Deaths		
	Chronic Kidney Disease Deaths		
	Chronic Lower Respiratory Disease (CLRD) Deaths		
	Coronary Heart Disease Deaths		
	Diabetes Deaths		
	Female Life Expectancy		
	Male Life Expectancy		
	Motor Vehicle Deaths		
	Stroke Deaths		
	Unintentional Injury (including motor vehicle)		
Morbidity	Adult Diabetes		
	Adult Obesity		
	Adult Overall Health Status		
	Alzheimer's Disease/Dementia		
	Cancer		
	Gonorrhea		
	HIV		
	Older Adult Asthma		
	Older Adult Depression		
	Preterm Births		
	Syphilis		
Health Care Access and Quality	Cost Barrier to Care		
	Older Adult Preventable Hospitalizations		
	Primary Care Provider Access		
	Uninsured		
Health Behaviors	Adult Binge Drinking		
	Adult Female Routine Pap Tests		
	Adult Physical Inactivity		
	Adult Smoking		
	Teen Births		
Social Factors	Children in Single-Parent Households		
	High Housing Costs		
	Inadequate Social Support		
	On Time High School Graduation		
	Poverty		
	Unemployment		
Physical Environment	Violent Crime		
	Access to Parks		
	Annual Average PM2.5 Concentration		
	Drinking Water Violations		
	Housing Stress		
	Limited Access to Healthy Food		
Living Near Highways			

Source: Community Health Status Indicators, 2015.

The CHSI data indicate that cancer and coronary heart disease mortality and morbidity rates associated with Alzheimer's disease, gonorrhea, adult asthma, older adult depression, and preterm births are comparatively high, as are older adult preventable hospitalizations. Indicators for adult binge drinking, children in single-parent households, annual average particulate matter concentration, and living near highways also benchmark unfavorably.

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Ohio Department of Health

The Ohio Department of Health maintains a data warehouse that includes county-level indicators regarding mortality rates (**Exhibits 22 and 23**), cancer incidence (**Exhibit 24**), communicable disease incidence (**Exhibit 25**), and maternal and child health indicators (**Exhibit 26**).

Exhibit 22 provides age-adjusted mortality rates for selected causes of death in 2012.

Exhibit 22: Selected Causes of Death, Age-Adjusted Rates per 100,000 Population, 2012
(Light grey shading indicates indicator worse than Ohio average; Dark grey shading indicates more than 50 percent worse than Ohio average)

Measure	Cuyahoga County	Summit County	Ohio	Healthy People 2020
Heart Disease	213.9	178.4	191.4	-
Diabetes	23.3	24.5	26.1	-
Influenza and Pneumonia	12.0	19.0	15.4	-
Suicide	9.9	11.6	12.0	10.2
Motor Vehicle Collisions	3.4	5.2	9.0	12.4
Homicide	9.2	5.7	5.4	-
Motor Vehicle Collisions (Alcohol)	1.4	2.2	3.8	-
Aortic Aneurysm	3.8	3.8	3.7	-
HIV	2.7	1.3	1.3	-
Pedestrians Killed in Traffic Collisions	0.6	0.9	0.5	1.4

Source: Ohio Department of Health, 2012.

In Cuyahoga County, age-adjusted mortality rates for heart disease, homicide, aortic aneurysm, HIV, and pedestrians killed in traffic collisions were all higher than the Ohio averages. In Summit County, age-adjusted mortality rates for influenza and pneumonia, homicide, aortic aneurysm, and pedestrians killed in traffic collisions were also higher than the Ohio averages.

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Exhibit 23: Age-Adjusted Cancer Mortality Rates per 100,000 Population, 2013
 (Light grey shading indicates indicator worse than Ohio average; Dark grey shading indicates more than 50 percent worse than Ohio average)

Cancer Site/Type	Cuyahoga County	Summit County	Ohio Rate	U.S. Rate
All Sites/Types	189.9	182.0	186.6	171.2
Lung and Bronchus	52.3	54.5	55.3	47.2
Breast (Female)	24.9	24.3	23.6	21.9
Prostate	27.4	23.4	22.0	21.4
Colon and Rectum	15.6	16.6	17.0	15.5
Pancreas	12.8	11.1	11.5	10.9
Ovary	7.4	7.0	7.9	7.7
Leukemia	7.0	7.1	7.3	7.0
Non-Hodgkin Lymphoma	6.4	6.7	6.9	6.2
Liver and Intrahepatic Bile Duct	6.4	4.9	5.3	6.0
Bladder	5.0	4.8	5.0	4.4
Esophagus	4.9	4.6	5.0	4.2
Uterus	6.5	4.4	4.9	4.4
Brain and Other CNS	4.0	5.0	4.5	4.3
Kidney and Renal Pelvis	4.1	3.2	4.3	3.9
Multiple Myeloma	3.7	3.5	3.5	3.3
Melanoma of Skin	2.1	3.0	3.0	2.7
Stomach	4.4	3.5	2.9	3.4
Cervix	3.0	1.9	2.6	2.3
Oral Cavity and Pharynx	3.1	2.8	2.5	2.5
Larynx	1.5	1.2	1.3	1.1
Thyroid	0.5	0.5	0.5	0.5
Hodgkin Lymphoma	0.4	0.3	0.4	0.4
Testis	0.4	-	0.3	0.3

Source: Ohio Department of Health, 2013.

The age-adjusted stomach cancer mortality rate in Cuyahoga County was significantly higher than the Ohio average. Cancer mortality rates for breast, prostate, pancreas, uterus, liver and intrahepatic bile duct, multiple myeloma, oral cavity and pharynx, cervix, larynx, and testis cancers were also higher than the state averages. In Summit County, age-adjusted cancer mortality rates were higher than the Ohio averages for breast, prostate, brain and other CNS, stomach, and oral cavity and pharynx cancer.

Exhibit 24 presents age-adjusted cancer incidence rates in the community.

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Exhibit 24: Age-Adjusted Cancer Incidence Rates per 100,000 Population, 2008-2012
 (Light grey shading indicates indicator worse than Ohio average; Dark grey shading indicates more than 50 percent worse than Ohio average)

Site/Type	Cuyahoga County	Summit County	Ohio
Total	477.9	440.8	452.5
Prostate	116.3	96.2	101.7
Breast	71.4	64.5	67.6
Lung and Bronchus	64.3	61.9	67.4
Colon and Rectum	41.0	33.6	40.6
Other Sites/Types	37.9	39.2	35.8
Uterus	35.4	28.6	28.8
Bladder	19.9	20.5	22.1
Melanoma of Skin	17.0	22.5	19.5
Non-Hodgkins Lymphoma	21.0	21.1	18.6
Kidney and Renal Pelvis	19.0	14.9	16.9
Thyroid	15.9	14.1	15.2
Pancreas	12.9	13.6	12.3
Leukemia	14.4	11.6	11.9
Oral Cavity and Pharynx	11.2	11.0	11.7
Ovary	14.5	10.3	11.3
Brain and Other CNS	7.7	7.5	7.4
Cervix	7.4	10.5	7.4
Stomach	8.4	6.6	6.8
Liver and Intrahepatic Bile Duct	8.3	6.2	6.6
Multiple Myeloma	8.3	6.2	5.9
Testis	6.3	7.0	5.2
Esophagus	5.8	5.1	5.0
Larynx	4.8	4.7	4.3
Hodgkins Lymphoma	3.1	2.3	2.6

Source: Ohio Department of Health, 2012.

The incidence rates for prostate, breast, colon and rectum, other sites/types, uterus, Non-Hodgkin’s Lymphoma, kidney and renal pelvis, thyroid, pancreas, leukemia, ovary, brain and other CNS, stomach, liver and intrahepatic bile duct, multiple myeloma, testis, esophagus, larynx, and Hodgkin’s Lymphoma in Cuyahoga County were higher than the Ohio averages. In Summit County, age-adjusted cancer incidence rates for other sites/types, melanoma of the skin, non-Hodgkin’s lymphoma, pancreas, brain and other CNS, cervix, multiple myeloma, testis, esophagus, and larynx cancer were higher than the Ohio averages.

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Exhibit 25: Communicable Disease Incidence Rates per 100,000 Population, 2012
(Light grey shading indicates indicator worse than Ohio average; Dark grey shading indicates more than 50 percent worse than Ohio average)

Measure	Cuyahoga County	Summit County	Ohio
Chlamydia	801.1	488.4	462.0
HIV	295.8	130.2	154.3
Gonorrhea	290.3	173.3	143.5
Syphilis	9.8	4.8	9.9
Varicella	4.3	2.4	7.0
Viral Meningitis	7.2	10.5	6.1
Hepatitis A, B, and C	0.8	2.0	1.9

Source: Ohio Department of Health, 2012.

Cuyahoga County has had comparatively high incidence rates of chlamydia, HIV, gonorrhea, and viral meningitis. Summit County also had comparatively high incidence rates of chlamydia, gonorrhea, viral meningitis, and hepatitis A, B, and C.

Exhibit 26: Maternal and Child Health Indicators, 2012
(Light grey shading indicates indicator worse than Ohio average; Dark grey shading indicates more than 50 percent worse than Ohio average)

Measure	Cuyahoga County	Summit County	Ohio	Healthy People 2020
Mortality Rate per 1,000 Live Births				
Infant	9.4	7.7	7.7	N/A
Neonatal	6.5	5.4	5.2	N/A
Post-Neonatal	2.9	2.3	2.5	N/A
% Deliveries				
Low Birth Weight	10.5	9.0	8.6	7.8
Very Low Birth Weight	2.3	1.8	1.6	1.4
% Preterm Births				
< 32 weeks of gestation	3.1	2.4	2.3	1.8
32-33 weeks of gestation	2.0	1.9	1.6	1.4
34-36 weeks of gestation	9.3	9.3	8.6	8.1
< 37 weeks of gestation	14.4	13.6	12.6	11.4
% Births to				
Unmarried Women 18-54 Years Old	49.1	40.9	41.3	N/A
Women 40-54 Years Old	2.7	2.4	2.1	N/A
Women <18 Years Old	3.7	2.9	3.0	N/A
Teenage Pregnancies per 1,000 Births				
Births to Females 15-19 Years Old	39.3	32.9	36.0	N/A

Source: Ohio Department of Health, 2012.

Exhibit 26 indicates that infant mortality rates, low birth weights, and preterm births are comparatively problematic in Cuyahoga and Summit counties.

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Behavioral Risk Factor Surveillance System

The Centers for Disease Control and Prevention’s (CDC) Behavioral Risk Factor Surveillance System (BRFSS) gathers data through a telephone survey regarding health risk behaviors, healthcare access, and preventive health measures. Data are collected for the entire United States. Analysis of BRFSS data can identify localized health issues, trends, and health disparities, and can enable county, state, or nation-wide comparisons.

BRFSS data were assessed for each ZIP code in the Marymount community and compared to the averages for the 21 counties in Northeast Ohio.¹³

¹³ The 21 counties include Ashland, Ashtabula, Carroll, Columbiana, Crawford, Cuyahoga, Erie, Geauga, Holmes, Huron, Lake, Lorain, Mahoning, Medina, Portage, Richland, Stark, Summit, Trumbull, Tuscarawas, and Wayne counties.

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Exhibit 27: Behavioral Risk Factor Surveillance System, Chronic Conditions, 2015

(Light grey shading indicates indicator worse than the 21-County average; Dark grey shading indicates more than 50 percent worse than the 21-County average)

County	City	ZIP Code	Total Population 18+ 2015	% Obese	% Back Pain	% Diabetes	% Asthma	% Depression	% High Blood Pressure	% High Cholesterol	% COPD	% Smoking
Cuyahoga	Beachwood	44122	27,001	25.9%	21.8%	11.8%	11.3%	10.4%	32.0%	25.0%	3.6%	21.0%
Cuyahoga	Bedford	44146	24,664	32.3%	25.0%	16.9%	17.1%	19.4%	38.4%	26.3%	5.2%	27.9%
Cuyahoga	Brecksville	44141	10,915	26.7%	16.4%	9.8%	12.1%	11.3%	22.8%	22.4%	3.4%	21.2%
Cuyahoga	Broadview Heights	44147	15,373	26.9%	20.8%	12.3%	9.4%	11.8%	25.8%	20.0%	3.6%	20.3%
Cuyahoga	Cleveland	44104	14,366	35.2%	26.9%	11.9%	10.9%	13.0%	29.6%	20.7%	4.7%	36.8%
Cuyahoga	Cleveland	44105	28,794	35.7%	23.2%	13.3%	10.1%	13.6%	34.3%	19.1%	4.8%	34.1%
Cuyahoga	Cleveland	44109	29,237	34.7%	20.3%	14.6%	10.0%	11.7%	28.7%	19.6%	4.5%	34.5%
Cuyahoga	Cleveland	44120	28,358	32.7%	21.4%	12.0%	11.8%	15.0%	31.6%	19.8%	6.3%	32.4%
Cuyahoga	Cleveland	44125	20,736	32.1%	24.5%	14.8%	11.0%	13.7%	32.6%	24.5%	4.7%	28.8%
Cuyahoga	Cleveland	44127	3,809	33.6%	21.7%	13.2%	11.5%	14.1%	25.3%	19.2%	4.6%	35.5%
Cuyahoga	Cleveland	44128	21,247	34.1%	22.5%	16.0%	15.2%	19.7%	41.2%	22.3%	5.5%	31.6%
Cuyahoga	Cleveland	44134	29,841	30.9%	23.4%	13.4%	10.8%	12.9%	34.6%	24.2%	5.0%	26.6%
Cuyahoga	Independence	44131	16,678	28.2%	23.1%	14.1%	8.6%	11.4%	30.7%	24.3%	3.6%	21.1%
Cuyahoga	Maple Heights	44137	17,350	31.5%	29.8%	16.8%	13.4%	14.6%	38.6%	27.6%	5.0%	31.3%
Cuyahoga	Solon	44139	18,200	26.2%	16.9%	9.9%	8.0%	9.1%	24.4%	19.3%	2.6%	19.3%
Summit	Macedonia	44056	10,140	27.5%	18.9%	8.7%	6.9%	10.5%	24.7%	20.7%	2.6%	21.5%
Summit	Northfield	44067	16,904	28.4%	17.9%	10.8%	11.0%	11.1%	23.2%	19.6%	3.8%	22.0%
Summit	Twinsburg	44087	16,668	27.3%	19.4%	11.4%	7.8%	10.2%	27.4%	20.2%	3.0%	19.8%
Community Total			350,281	30.9%	22.1%	13.2%	11.1%	13.2%	31.4%	22.1%	4.4%	27.4%
21-County Average			3,449,593	31.8%	25.7%	14.0%	11.6%	15.2%	30.6%	24.1%	4.7%	27.5%

Source: Truven Market Expert/Behavioral Risk Factor Surveillance System, 2015.

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Compared to the 21-County averages, the Marymount community compared unfavorably for high blood pressure. Within the Marymount community, 9 ZIP codes had higher rates of high blood pressure, 9 ZIP codes had higher rates of smoking, and 8 ZIP codes had higher rates of obesity.

Ambulatory Care Sensitive Conditions

This section examines the frequency of discharges for Ambulatory Care Sensitive Conditions (ACSCs, frequently referred to as Prevention Quality Indicators or PQIs) throughout the community.

ACSCs are health “conditions for which good outpatient care can potentially prevent the need for hospitalization or for which early intervention can prevent complications or more severe disease.”¹⁴ As such, rates of hospitalization for these conditions can “provide insight into the quality of the health care system outside of the hospital,” including the accessibility and utilization of primary care, preventive care and health education. Among these conditions are: angina without procedure, diabetes, perforated appendixes, chronic obstructive pulmonary disease (COPD), hypertension, congestive heart failure, dehydration, bacterial pneumonia, urinary tract infection, and asthma.

Disproportionately high rates of discharges for ACSC indicate potential problems with the availability or accessibility of ambulatory care and preventive services and can suggest areas for improvement in the health care system and ways to improve outcomes.

Exhibit 28 provides 2014 PQI rates (per 100,000 persons) for ZIP codes in the Marymount community – with comparisons to Ohio averages.

¹⁴ Agency for Healthcare Research and Quality (AHRQ) Prevention Quality Indicators.

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Exhibit 28: PQI (ACSC) Rates per 100,000, 2014

(Light grey shading indicates indicator worse than Ohio average; Dark grey shading indicates more than 50 percent worse than Ohio average)

County	City	ZIP Code	Diabetes Short-Term Complications	Perforated Appendix	Diabetes Long-Term Complications	Chronic Obstructive Pulmonary Disease	Hypertension	Congestive Heart Failure	Low Birth Weight
Cuyahoga	Beachwood	44122	97	48	127	621	56	626	50
Cuyahoga	Bedford	44146	100	17	238	890	67	617	88
Cuyahoga	Brecksville	44141	9	-	36	258	27	346	58
Cuyahoga	Broadview Heights	44147	20	42	33	329	-	263	25
Cuyahoga	Cleveland	44104	314	21	320	1,801	229	876	79
Cuyahoga	Cleveland	44105	244	18	405	1,961	140	954	119
Cuyahoga	Cleveland	44109	215	44	277	1,298	82	629	88
Cuyahoga	Cleveland	44120	193	36	214	1,264	124	691	79
Cuyahoga	Cleveland	44125	75	56	189	1,139	24	651	89
Cuyahoga	Cleveland	44127	213	42	720	2,940	107	880	125
Cuyahoga	Cleveland	44128	263	38	295	1,076	154	966	105
Cuyahoga	Cleveland	44134	52	44	144	668	33	478	66
Cuyahoga	Independence	44131	30	-	60	386	24	433	34
Cuyahoga	Maple Heights	44137	214	50	214	1,339	64	745	115
Cuyahoga	Solon	44139	16	28	53	224	32	200	58
Summit	Macedonia	44056	11	42	42	530	42	414	49
Summit	Northfield	44067	72	42	24	431	30	299	41
Summit	Twinsburg	44087	55	21	67	312	55	330	58
Marymount Totals			129	35	187	910	74	594	80
Ohio Totals			95	37	119	609	53	424	61

Source: Cleveland Clinic, 2014.
Note: Rates are not age-sex adjusted.

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Exhibit 28: PQI (ACSC) Rates per 100,000, 2014 (continued)

(Light grey shading indicates indicator worse than Ohio average; Dark grey shading indicates more than 50 percent worse than Ohio average)

County	City	ZIP Code	Dehydration	Bacterial Pneumonia	Urinary Tract Infection	Angina without Procedure	Uncontrolled Diabetes	Adult Asthma	Lower-Extremity Amputation Among Patients with Diabetes
Cuyahoga	Beachwood	44122	88	124	161	11	15	28	15
Cuyahoga	Bedford	44146	134	228	163	17	21	40	8
Cuyahoga	Brecksville	44141	30	190	139	18	9	-	-
Cuyahoga	Broadview Heights	44147	67	218	116	-	-	41	-
Cuyahoga	Cleveland	44104	320	204	179	20	33	91	13
Cuyahoga	Cleveland	44105	176	217	155	14	14	56	22
Cuyahoga	Cleveland	44109	156	147	101	34	27	52	10
Cuyahoga	Cleveland	44120	86	184	143	18	33	41	7
Cuyahoga	Cleveland	44125	215	212	129	5	5	93	9
Cuyahoga	Cleveland	44127	495	312	366	-	27	122	-
Cuyahoga	Cleveland	44128	207	212	178	18	41	82	23
Cuyahoga	Cleveland	44134	105	109	128	10	3	39	10
Cuyahoga	Independence	44131	112	223	118	12	6	48	12
Cuyahoga	Maple Heights	44137	98	203	147	29	29	82	12
Cuyahoga	Solon	44139	80	113	114	-	-	39	5
Summit	Macedonia	44056	72	145	42	11	11	35	11
Summit	Northfield	44067	131	140	59	18	12	21	-
Summit	Twinsburg	44087	72	155	108	18	-	59	-
Marymount Totals			134	177	135	15	16	54	10
Ohio Totals			107	196	131	12	13	36	9

Source: Cleveland Clinic, 2014.
Note: Rates are not age-sex adjusted.

APPENDIX B – SECONDARY DATA ASSESSMENT

The rates of admissions for ACSC in the Marymount community exceeded Ohio averages for all conditions except perforated appendix and bacterial pneumonia. Within the community, Cleveland ZIP code 44128 had significantly higher PQI rates for every condition, compared to the Ohio averages.

Exhibit 29 provides the ratio of PQI rates in the Marymount community compared to the Ohio averages. Conditions where the ratios are highest (meaning that the PQI rates in the community are the most above average) are presented first.

Exhibit 29: Ratio of PQI Rates for Marymount and Ohio, 2014

Indicator	Marymount Hospital	Ohio	Ratio Marymount/Ohio
Diabetes Long-Term Complications	186.8	118.8	1.6
Chronic Obstructive Pulmonary Disease	910.0	608.8	1.5
Adult Asthma	53.6	36.0	1.5
Congestive Heart Failure	594.3	423.8	1.4
Hypertension	73.7	52.6	1.4
Diabetes Short-Term Complications	128.8	94.7	1.4
Low Birth Weight	80.4	61.4	1.3
Angina without Procedure	15.1	11.7	1.3
Dehydration	134.2	107.2	1.3
Uncontrolled Diabetes	16.3	13.2	1.2
Lower-Extremity Amputation Among Patients with Diabetes	10.0	8.9	1.1
Urinary Tract Infection	134.9	131.5	1.0
Perforated Appendix	34.8	36.9	0.9
Bacterial Pneumonia	177.1	196.2	0.9

Source: Cleveland Clinic, 2014.
Note: Rates are not age-sex adjusted.

In the Marymount community, ACSC rates for diabetes long-term complications, chronic obstructive pulmonary disease, and adult asthma were more than 50 higher than the Ohio averages.

Community Need Index™ and Food Deserts

Dignity Health Community Need Index

Dignity Health, a California-based hospital system, developed and has made widely available for public use a *Community Need Index*™ that measures barriers to health care access by county/city and ZIP code. The index is based on five social and economic indicators:

- The percentage of elders, children, and single parents living in poverty;
- The percentage of adults over the age of 25 with limited English proficiency, and the percentage of the population that is non-White;
- The percentage of the population without a high school diploma;

APPENDIX B – SECONDARY DATA ASSESSMENT

- The percentage of uninsured and unemployed residents; and
- The percentage of the population renting houses.

The *Community Need Index*TM calculates a score for each ZIP code based on these indicators. Scores range from “Lowest Need” (1.0-1.7) to “Highest Need” (4.2-5.0).

Exhibit 30 presents the *Community Need Index*TM (CNI) score of each ZIP code in the Marymount community.

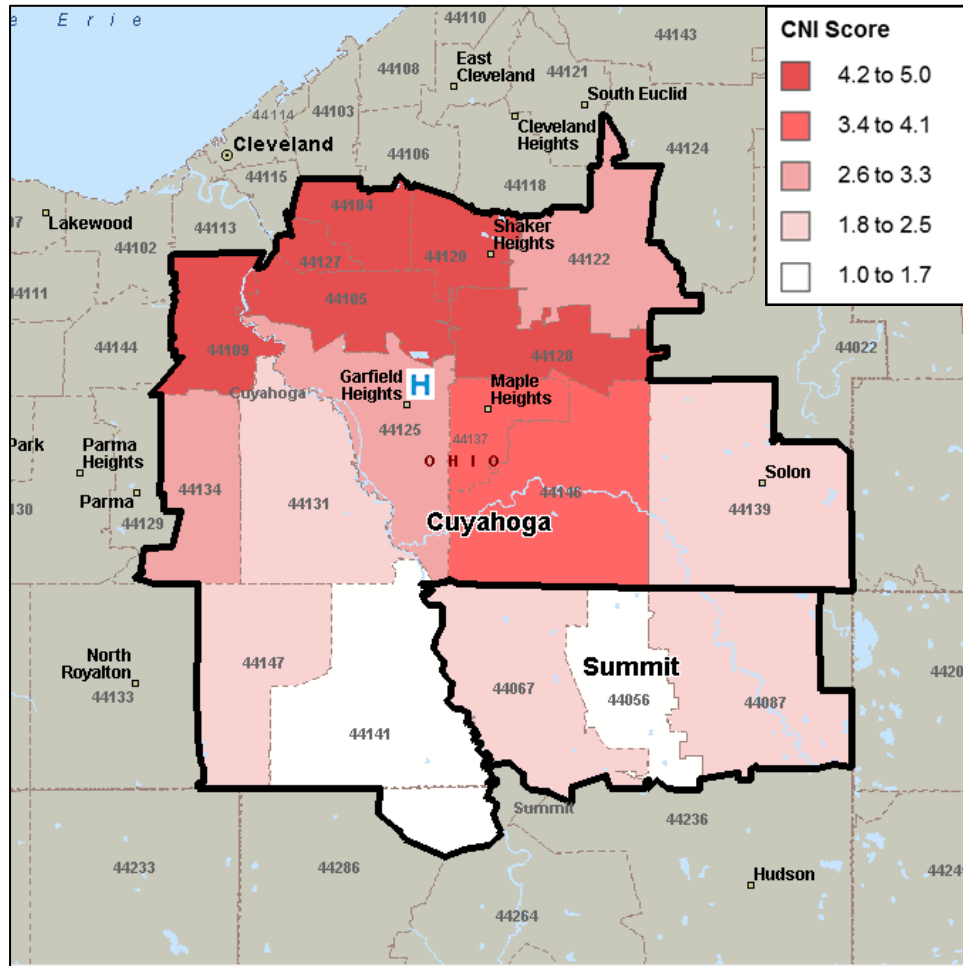
Exhibit 30: Community Need IndexTM Score by ZIP Code, 2015

County	City	ZIP Code	CNI Score
Cuyahoga	Cleveland	44104	5.0
Cuyahoga	Cleveland	44105	5.0
Cuyahoga	Cleveland	44127	5.0
Cuyahoga	Cleveland	44109	4.8
Cuyahoga	Cleveland	44128	4.4
Cuyahoga	Cleveland	44120	4.2
Cuyahoga	Maple Heights	44137	4.0
Cuyahoga	Bedford	44146	3.6
Cuyahoga	Cleveland	44125	3.4
Cuyahoga	Beachwood	44122	3.2
Cuyahoga	Cleveland	44134	2.8
Summit	Twinsburg	44087	2.0
Summit	Northfield	44067	1.8
Cuyahoga	Independence	44131	1.8
Cuyahoga	Solon	44139	1.8
Cuyahoga	Broadview Heights	44147	1.8
Summit	Macedonia	44056	1.6
Cuyahoga	Brecksville	44141	1.4
Marymount Community Average			3.4
Cuyahoga County Average			3.4
Summit County Average			2.9

Source: Dignity Health, 2015.

Exhibit 31 presents these data in a community map format.

Exhibit 31: Community Need Index, 2015



Source: Microsoft MapPoint and Dignity Health, 2015.

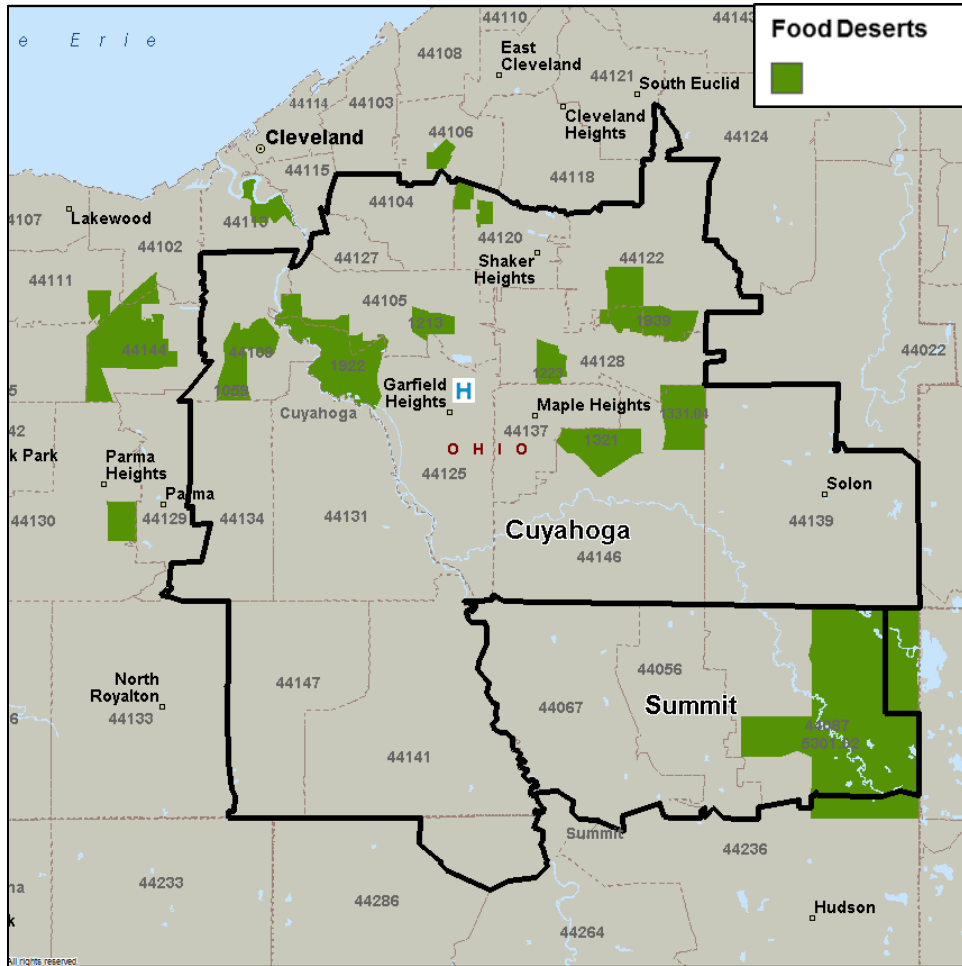
The CNI indicates that six of the 18 ZIP codes in the Marymount community scored in the “highest need category.” Three Cleveland ZIP codes – 44104, 44105, and 44127 - each received a score of 5.0 – the highest score possible.

Food Deserts

The U.S. Department of Agriculture’s Economic Research Service estimates the number of people in each census tract that live in a “food desert,” defined as low-income areas more than one mile from a supermarket or large grocery store in urban areas and more than 10 miles from a supermarket or large grocery store in rural areas. Many government-led initiatives aim to increase the availability of nutritious and affordable foods to people living in these food deserts.

Exhibit 32 illustrates the location of food deserts in the community.

Exhibit 32: Food Deserts



Source: Microsoft MapPoint and U.S. Department of Agriculture, 2013.

Several locations within the Marymount community have been designated as food deserts.

Medically Underserved Areas and Populations

Medically Underserved Areas and Populations (MUA/Ps) are designated by the Health Resources and Services Administration (HRSA) based on an “Index of Medical Underservice.” The index includes the following variables: ratio of primary medical care physicians per 1,000 population, infant mortality rate, percentage of the population with incomes below the poverty level, and percentage of the population age 65 or over.¹⁵ Areas with a score of 62 or less are considered “medically underserved.”

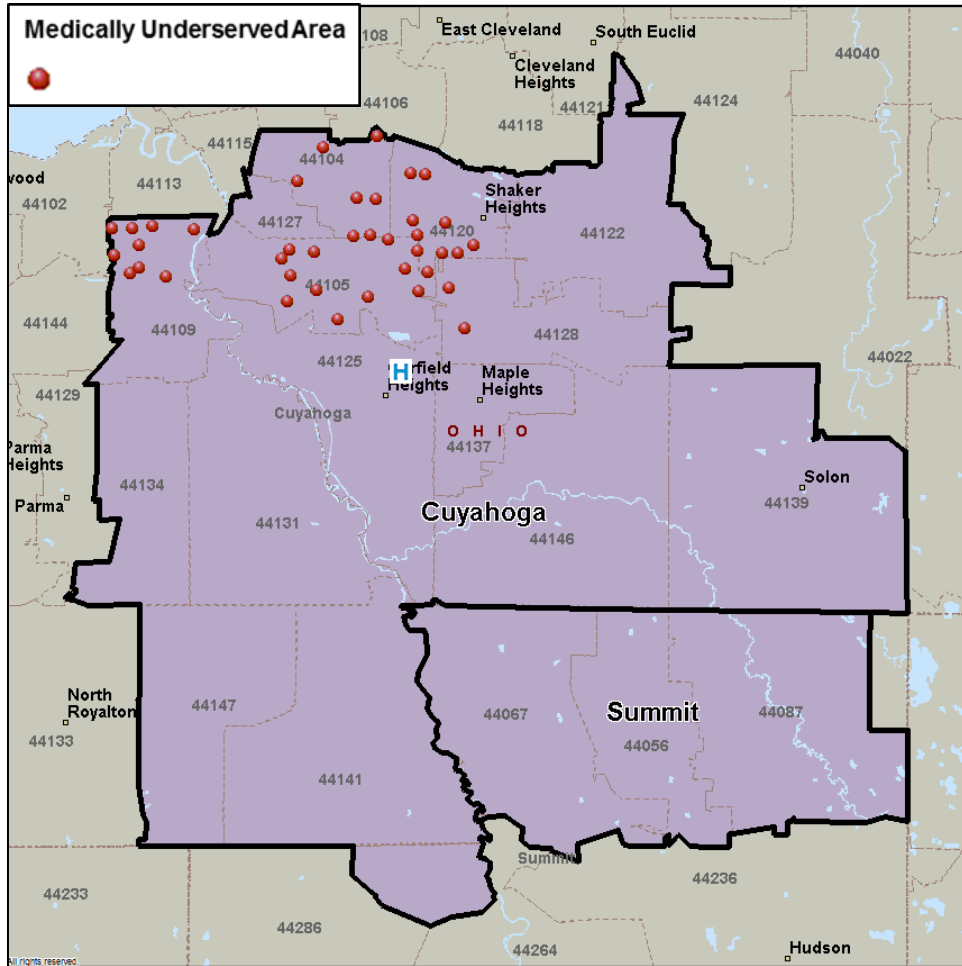
Populations receiving MUP designation include groups within a geographic area with economic barriers or cultural and/or linguistic access barriers to receiving primary care. If a population group does not qualify for MUP status based on the IMU score, Public Law 99-280 allows MUP designation if “unusual local conditions which are a barrier to access to or the availability of personal health services exist and are documented, and if such a designation is recommended by the chief executive officer and local officials of the state where the requested population resides.”¹⁶

There are approximately 40 census tracts within the hospital’s community that have been designated as areas where Medically Underserved Areas are present (**Exhibit 33**).

¹⁵ Health Resources and Services Administration. See <http://www.hrsa.gov/shortage/mua/index.html>

¹⁶*Ibid.*

Exhibit 33: Medically Underserved Areas



Source: Microsoft MapPoint and HRSA, 2015.

Health Professional Shortage Areas

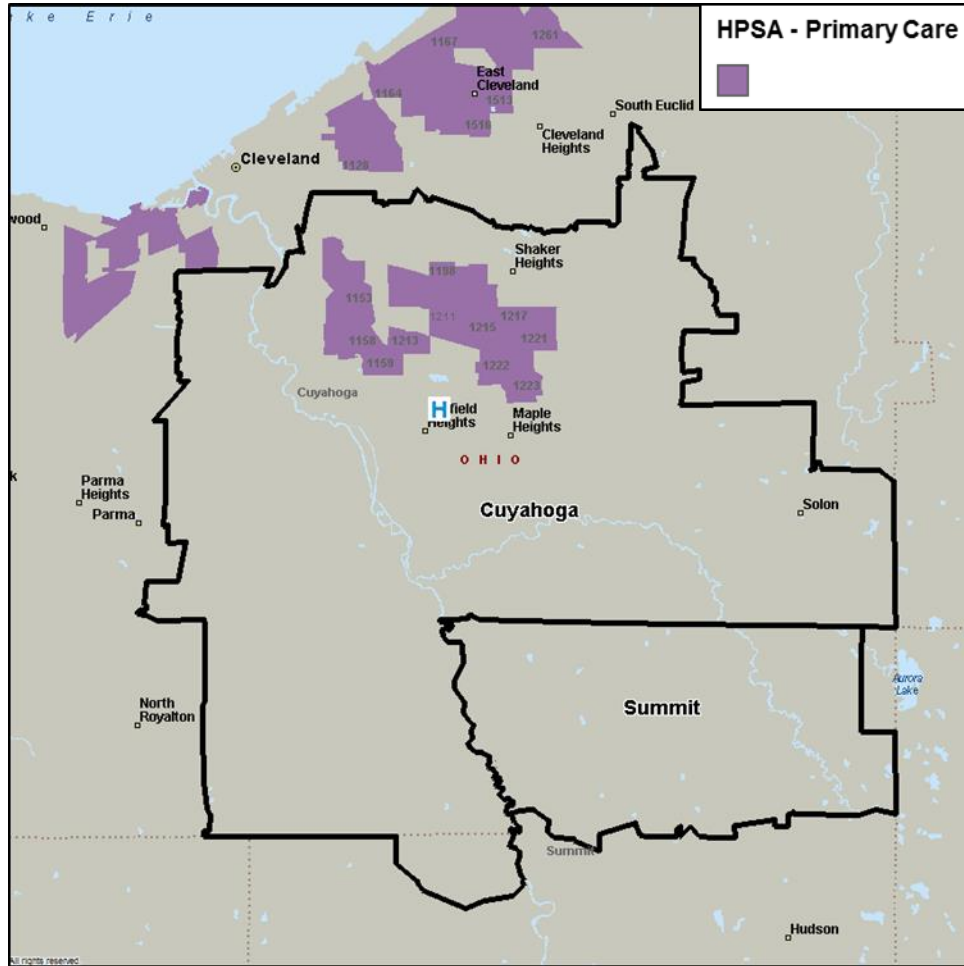
A geographic area can receive a federal Health Professional Shortage Area (HPSA) designation if a shortage of primary medical care, dental care, or mental health care professionals is found to be present. In addition to areas and populations that can be designated as HPSAs, a health care facility can receive federal HPSA designation and an additional Medicare payment if it provides primary medical care services to an area or population group identified as having inadequate access to primary care, dental, or mental health services.

HPSAs can be: “(1) An urban or rural area (which need not conform to the geographic boundaries of a political subdivision and which is a rational area for the delivery of health services); (2) a population group; or (3) a public or nonprofit private medical facility.”¹⁷

Exhibit 34 illustrates the locations of the federally-designated HPSAs.

¹⁷U.S. Health Resources and Services Administration, Bureau of Health Professionals. (n.d.). *Health Professional Shortage Area Designation Criteria*. Retrieved 2012, from <http://bhpr.hrsa.gov/shortage/hpsas/designationcriteria/index.html>

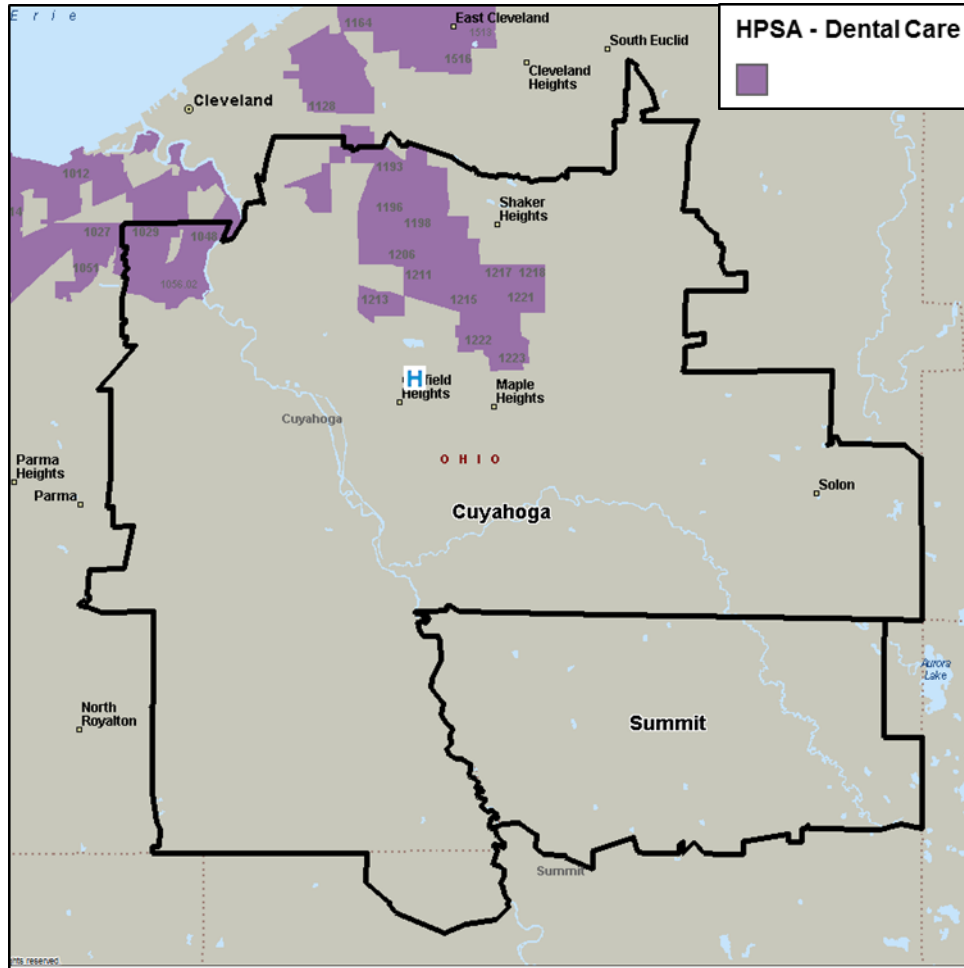
Exhibit 34A: Primary Care Health Professional Shortage Areas



Source: Health Resources and Services Administration, 2015.

Within the Marymount community, primary care HPSA designated census tracts are located in the northern part of the community.

Exhibit 34B: Dental Care Health Professional Shortage Areas



Source: Health Resources and Services Administration, 2015.

Dental care HPSA designated census tracts are located in the northern part of the community.

APPENDIX B – SECONDARY DATA ASSESSMENT

Findings of Other Community Health Needs Assessments

Several other needs assessments and health reports conducted by hospital facilities and other organizations that provide services for the community also were reviewed. The reviewed assessments include the following:

Other Community Assessments
Akron Children's Hospital CHNA 2013
Akron General Medical Center CHNA 2013
Geauga County CHA 2011
Health Improvement Partnership- Cuyahoga CHSA 2015
Lake County Community Health Assessment 2015
Lake Health CHNA 2013
Lorain County Health CNA 2015
Medina County CHIP 2013
Mercy Allen Hospital CHNA 2013
Mercy Medical Center CHNA 2013
Mercy Regional Medical Center CHNA 2013
Portage County CHNA 2015
Southwest General Health Center 2012
St. Vincent Charity Medical Center Implementation Plan 2013
Summa Health System CHNA 2013
Summit County CHIP 2015
UH Ahuja Medical Center CHNA 2015
UH Bedford Medical Center CHNA 2015
UH Case Medical Center CHNA 2015
UH Elyria Medical Center CHNA 2015
UH Geauga Medical Center CHNA 2015
UH Geneva Medical Center CHNA 2015
UH Parma Medical Center CHNA 2015
UH Rainbow Babies & Children's Hospital CHNA 2015
UH Rehabilitation Hospital CHNA 2015
UH Richmond Medical Center CHNA 2015
UH St. John Medical Center CHNA 2015

Source: Analysis of Other CHNA Reports by Verité, 2016.

The significant needs identified by these reports are presented in **Exhibit 35**.

APPENDIX B – SECONDARY DATA ASSESSMENT

Exhibit 35: Significant Needs Identified in Other CHNAs

Significant Need	Frequency
Obesity	23
Mental/Behavioral health	22
Access to basic/primary health care	20
Cardiovascular/ heart disease	19
Diabetes	19
Drug/ substance abuse	18
Tobacco use/ smoking	18
Alcohol abuse and excessive drinking	15
Elderly care/ aging population	15
Cancer	14
Infant mortality (disparities)	14
Cost of care	11
Access to dental care	10
Access/lack of health insurance coverage	10
Poverty	10
Transportation	10
Unemployment	10
Asthma/childhood asthma	9
Respiratory diseases	9
Access to mental health services	8
Nutrition/ access to healthy food	7
Physical inactivity/lack of exercise	7
Alzheimer's disease	6
Drug/ substance abuse (youth)	6
Violence	6
Tobacco use during pregnancy	5
Access to prescription drugs/cost	4
Drug abuse- opioids/heroin	4
Drug abuse- prescriptions	4
Health disparities/ equity	4
Hypertension	4
Preventive care (immunizations, screenings, etc.)	4
Teenage pregnancy/ births	4
Access to substance abuse care	3
Low birth weight	3
Premature births	3
Pre-term births	3
Uninsured and underinsured populations	3
Violence (youth)	3

Source: Analysis of Other CHNA Reports by Verité, 2016.

APPENDIX B – SECONDARY DATA ASSESSMENT

A State Health Assessment also recently was published by the Ohio Department of Health.¹⁸ The State Health Assessment (SHA) is a comprehensive report directed by a steering committee comprised of directors of Ohio's health-related state agencies. The Ohio Department of Health contracted with the Health Policy Institute of Ohio to facilitate preparation of the assessment. The purpose of the SHA is both to provide a template for state agencies and local partners for analysis as well as inform the identification and prioritization of community health needs for the State Health Improvement Plan (SHIP).

State-wide needs. The assessment found that Ohio performed worse than the U.S. overall on most measures of population health with many opportunities to improve both physical and mental health outcomes. For example:

- The average number of days Ohio residents experienced limited activity due to mental or physical difficulties increased 17 percent between 2013 and 2014.
- Over the same period, adult asthma, child asthma, and diabetes also increased by 10 percent.
- Drug overdose deaths increased 18 percent and were significantly higher in Ohio than the United States (24.7 per 100,000 compared to 14.6).
- Infant mortality also is a significant issue in Ohio, and is particularly problematic for black and Hispanic (or Latino) infants.
- Ohio ranks particularly poorly for the number mothers who smoke during pregnancy. Only 59 percent of black mothers in Ohio receive prenatal care in the first trimester, compared to 70.8 percent in the U.S. overall.
- Per-capita health spending has been higher in Ohio than in other states.
- The percentage of hospital inpatients with opiate-related diagnoses increased substantially from 2012 to 2014 (from 25.2 percent to 37.0).
- Ohio has experienced rates of avoidable emergency department visits for Medicare beneficiaries, admissions for pediatric asthma, and admissions for diabetes long-term complications that exceed United States averages.
- Access to mental health services and drug treatment services is particularly problematic, and a comparatively high percentage of Ohio residents live in areas underserved for dental care.
- Ohio has 9.9 public health agency staff per 100,000, a number substantially below the national average of 30.6.
- Infection rates for a number of communicable diseases exceed national averages, including chlamydia. The state's child immunization and HPV vaccination rates have been below average.
- Based on national comparisons, other concerns with children are also present in Ohio, including: childhood poverty rates, number of children in single-parent households, percent of children with adverse childhood experiences, and children exposed to secondhand smoke.
- There are also significant needs related to the physical environment in Ohio. The average amount of particulate matter and cases of lead poisoning are both higher in Ohio than the

¹⁸ Available at: <http://www.healthpolicyohio.org/sha-ship/>

APPENDIX B – SECONDARY DATA ASSESSMENT

United States. Food insecurity is higher in the state as well, and Ohio residents have less access to exercise opportunities than the country on average.

The SHA reviewed 211 local health department and hospital community health assessments that covered 94 percent of counties to evaluate what the most significant needs were. That review found ten most commonly identified significant community health needs: obesity, mental health, access to health care, drug and alcohol abuse, maternal and infant health, cancer, cardiovascular disease, diabetes, tobacco, and chronic diseases.

More than 400 stakeholders provided input into the SHA. Ten priority areas were identified based on this input: obesity, access to behavioral health care, drug and alcohol abuse, mental health, employment/poverty/income, equity and disparities, access to dental care, cardiovascular disease, and nutrition.

Northeast Ohio. The northeast Ohio region also had particularly significant needs identified in the SHA. Concerns about the physical environment (air pollution and lead poisoning) are particularly prevalent in northeast Ohio. Other health assessments reviewed as part of the SHA process most frequently identified the following community health needs:

- Access to health and medical care (76 percent)
- Obesity (63 percent)
- Mental health (57 percent)
- Drug and alcohol abuse (47 percent)
- Maternal and infant health (41 percent)
- Diabetes (40 percent)
- Coverage and affordability (32 percent)
- Cardiovascular disease (29 percent)
- Cancer (29 percent)
- Tobacco use (29 percent)

Stakeholders from northeast Ohio most frequently identified the following as significant community health needs: obesity, drug and alcohol abuse, mental health, access to behavioral health care, employment/ poverty /income, equity and disparities, maternal and infant health, nutrition, coverage and affordability, and diabetes.

APPENDIX C – COMMUNITY INPUT PARTICIPANTS

Individuals from a wide variety of organizations and communities participated in the interview process (shown in **Exhibit 36**). Organizations listed in italics indicate that the interviewee has public health expertise.

Exhibit 36: Interview Participants

Organization	Description	Populations Represented
<i>ADAMHSCC</i>	Alcohol, drug addiction, and mental health services	Mentally ill, substance abuse
American Heart and Stroke Association	National voluntary health agency	General population
<i>Care Alliance Health Center</i>	Non-profit community health center	Homelessness, low-income
City of Broadview Heights	City government official	General population
City of Garfield Heights	Mayor of Garfield Heights	General population
City of Garfield Heights	Public relations official	General population
<i>Cuyahoga County Board of Health</i>	County board of health	General population
<i>Cuyahoga County Office of Health and Human Services</i>	County health office	General population
Cuyahoga County Office of Reentry	County re-entry services program	Formally incarcerated persons
Esperanza	Ohio's only nonprofit organization dedicated to the promotion and advancement of Hispanic educational achievement	Minority populations, youth
Garfield Heights Family Resource Center	City resource center	Youth, mentally ill, low income, substance abuse, homelessness
Garfield Heights Schools	School system	Youth, students
<i>Greater Cleveland NAMI</i>	Mental health agency	Mentally ill
Maple Heights Senior Center	Senior center	Aging population
<i>Northeast Ohio Black Health Coalition</i>	Non-profit addressing the health needs of the black community	Minority populations
Ohio Legislature	State government	General population
State of Ohio	State government	General population
Tri-C College	Community college	General population, students
University Settlement	Social services organization	Youth, disabled, families, aging population
Village at Marymount	Assisted living facility	Aging population
Warrensville Road Community Baptist Church	Faith-based organization	General population
Womankind	Maternal and prenatal care center	Women, general population

*Two individuals from Greater Cleveland NAMI participated in the interview process.

APPENDIX D – ACTIONS TAKEN SINCE THE PREVIOUS CHNA

Marymount Hospital uses evidence-based approaches in the delivery of healthcare services and educational outreach with the aim of achieving healthy outcomes for the community it serves. It undertakes periodic monitoring of its programs to measure and determine their effectiveness and ensure that best practices continue to be applied.

Given that the process for evaluating the impact of various services and programs on population health is longitudinal by nature, significant changes in health outcomes may not manifest for several community health needs assessment cycles. We continue to evaluate the cumulative impact.

Each identified health need and action items in our 2013 CHNA Implementation Strategy are described below with representative impacts.

- 1. Identified Need: Chronic Disease and Health Conditions, Heart Related Diseases**
Action: Marymount Hospital continues to provide cardiac services, is a certified Stroke Center and has a Congestive Heart Failure Clinic. The hospital continues to provide a wide range of clinical and wellness services to treat chronic heart-related diseases, including stroke, congestive heart failure and hypertension. Marymount Hospital has also initiated a Care Advocate program for heart readmission.

Highlighted Impact:

- The Cleveland Clinic health system reduced heart failure 30 day readmission rates from 2013 through 2015.
- Marymount Cardiac Rehabilitation continues to provide rehabilitation services for outpatients to manage their cardiac diseases, educate patients on healthy lifestyle changes and prevent readmission.
- Marymount Hospital provided free community health talks, stroke prevention classes, and healthy heart screenings for over 1,500 community members.

- 2. Identified Need: Chronic Diseases and Health Conditions, Cancer**

Action: In 2013, Marymount Hospital was certified by the American College of Surgeons Commission on Cancer and used advanced diagnostic equipment, skilled physicians and experienced staff. Cancer rehabilitation and support services for patients and families were provided.

Highlighted Impact:

- Cleveland Clinic Independence Family Health Center offers cancer rehabilitation and support services in the Marymount community.
- Marymount's Outreach department educated 160 community members regarding cancer, developed the Lung/Skin and Breast/Testicular Teen Cancer Program Series, and piloted a breast screening community event.

APPENDIX D – ACTIONS TAKEN SINCE THE PREVIOUS CHNA

3. **Identified Need: Chronic Disease and Health Conditions, Adult Asthma**

Action: Marymount Hospital pulmonologists and other physicians continue to provide acute inpatient and outpatient care to patients with Adult Asthma

Highlighted Impact:

- Lung health education classes were held at community centers, focusing on asthma, air pollution, and the effects of smoking.
- Marymount Hospital created a teen cancer program focused on lung health and anti-smoking. The teen program was piloted at Trinity High School.

4. **Identified Need: Chronic Disease and Health Conditions, Diabetes**

Action: Marymount Hospital's Diabetes Center continues to provide outpatient care and community wellness education programs to patients and community members on diabetes and disease management and treats patients suffering from diabetes and any diabetic complications on an inpatient and outpatient basis.

Highlighted Impact:

- Marymount Hospital's Diabetes education team provides individual and group support for outpatient and families.
- Marymount Hospital provided free diabetes screenings/glucose testing, health talks, cooking classes, and diabetes classes to over 1,000 community members.

5. **Identified Need: Low Birth Weight**

Action: In 2013, Marymount Hospital offered clinical, wellness and education services relating to pediatric and women's health. The hospital collaborated with Womankind to encourage prenatal care. Marymount Hospital also worked with Hillcrest Hospital, another Cleveland Clinic hospital, to treat pediatric patients in need of more specialized care, including care affiliated with low birth weight babies.

Highlighted Impact:

- Marymount Hospital works with Hillcrest and Fairview hospitals to treat pediatric and obstetric patients.
- Marymount Hospital continues to support Womankind, a local free provider of obstetric services for women with little or no health insurance.

6. **Identified Need: Chronic Diseases and Health Conditions, Urinary Tract Infection**

Action: Marymount Hospital continues to provide primary care and urology services for the treatment of urinary tract infection.

In addition to its clinical services, Marymount Hospital continues to offer outreach programs and community health talks focused on educating the community on healthy behavior choices including exercise, healthcare navigation, stress management, nutrition, and smoking cessation to promote health and wellness, increase access to healthcare resources, and reduce disease burden.

Highlighted Impact:

- Marymount Hospital provided education for over 200 community members on wellness topics and chronic diseases that impact the occurrence of urinary tract infections.
- Marymount caregivers provided community education on topics such as chronic disease, cancer, and wellness to over 6,800 community members from 2013 through 2015.

7. Identified Need: Access to Health Services

Action: Marymount Hospital continues to provide medically necessary services to all patients regardless of race, color, creed, gender, country of national origin or ability to pay. Marymount Hospital has a financial assistance policy that is among the most generous in the region that covers both hospital services and physician services provided by physicians employed by Cleveland Clinic.

Highlighted Impact:

- In 2015, Cleveland Clinic health system provided \$69.3 million in financial assistance to the communities served by its main campus, family health centers, and NEO Regional Hospitals.

Marymount Hospital continues to work to improve its scheduling and support service model to provide consistent experience, improve metrics, and increase efficiency including providing Internet scheduling, accelerating technology implementation and scheduling training.

In addition, Marymount Hospital continues to provide transportation for hospital appointments to patients residing within a five mile radius.

Highlighted Impact:

- Marymount Hospital provided transportation for over 5,013 patients since 2013.

Marymount Hospital rolled out a split-flow model for its Emergency Department shortening the time to physicians and overall length of stay and placing patients in areas devoted to their unique needs to improve patient satisfaction and outcomes.

Highlighted Impact:

- Since 2013, the split-flow model in Cleveland Clinic health system Emergency Departments resulted in shortened wait times for patients.

Marymount's Behavioral Health Services continues to provide a full range of Employee Assistance Services through Managed Care administrative services for mental health/substance abuse benefit plans for employer groups and health plans throughout Ohio

8. Identified Need: Research

Cleveland Clinic health system conducts clinical research activities throughout the system, including regional hospitals. In 2015, Cleveland Clinic scientists conducted more than 2,000 clinical trials and generated 54 invention disclosures, 14 new licenses, and 76 patents.

Action: Clinical trials and other clinical and bench research activities occur throughout the Cleveland Clinic health system including at the community hospitals. For example, patients at Marymount Hospital are involved in heart failure and cancer studies.

Highlighted Impact:

- Marymount Hospital and the Cleveland Clinic health system continue to provide research through a hospital stroke registry and cancer clinical trials.

9. Identified Need: Education

Cleveland Clinic and all regional hospitals provide education of medical professions. In 2015, Cleveland Clinic trained over 1,700 residents and fellows, and provided over 1,800 student rotations in 65 allied health education programs.

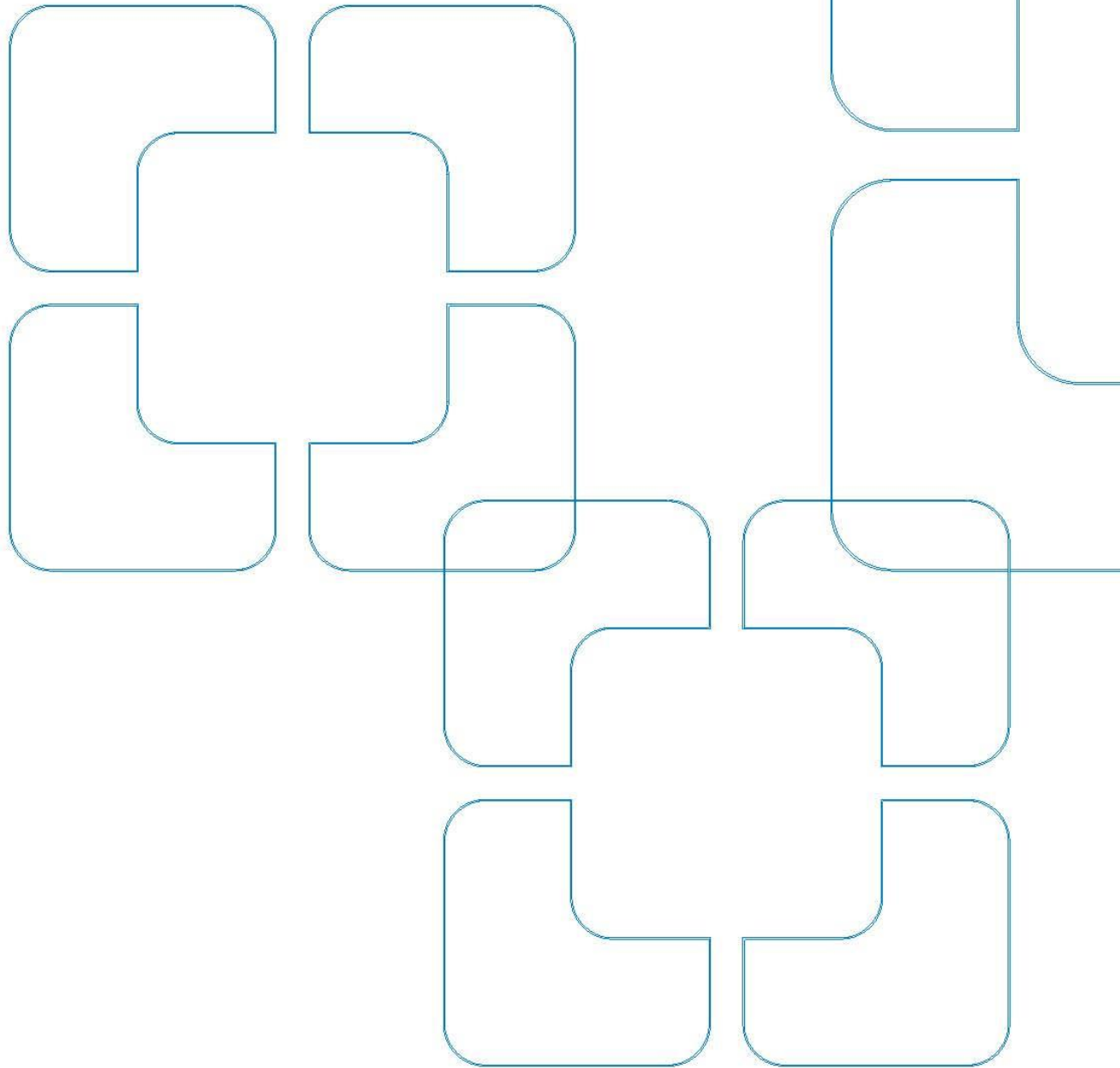
Action: Marymount Hospital provides physician, nurse and allied health training and other education opportunities and is affiliated with nursing and allied health schools. The hospital also provides community education programs on a variety of topics including wellness, parenting, and nutrition

Highlighted Impact:

- Marymount Hospital provided professional education courses to public service providers (e.g. Emergency Medical Service, Firefighters) and also participated in public forums.

Implementation Strategy Report

2016



**Marymount Hospital
12300 McCracken Rd.
Garfield Heights, OH 44125**

**2016 Community Health Needs Assessment
Implementation Strategy
As required by Internal Revenue Code § 501(r)(3)**

**Name and EIN of Hospital Organization Operating Hospital Facility:
Marymount Hospital #34-0714458**

**Date Approved by
Authorized Governing Body: April 25, 2017**

**Authorized Governing Body: Special Committee on Community
Health Needs as delegated by the
Marymount Hospital, Inc. Board of
Trustees**

**Contact: Cleveland Clinic
chna@ccf.org**

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2016 MARYMOUNT HOSPITAL IMPLEMENTATION STRATEGY

I. Introduction and Purpose

This written plan is intended to satisfy the requirements set forth in Internal Revenue Code Section 501(r)(3) regarding community health needs assessments and implementation strategies. The overall purpose of the implementation strategy process is to align the hospital's limited resources, program services and activities with the findings of the community health needs assessment ("CHNA").

A. Description of Hospital

Founded in 1949 by the Sisters of St. Joseph of the Third Order of St. Francis, Marymount has been blending compassionate patient care with exceptional medical expertise and advanced technology. Marymount is a 226-bed acute care hospital, serving communities in southern and southeastern Cuyahoga County as well as northern Summit County. Additional information on the hospital and its services is available at: http://my.clevelandclinic.org/locations_directions/Regional-Locations/marymount-hospital.

The hospital is part of the Cleveland Clinic health system, which includes an academic medical center, multiple regional hospitals, two children's hospitals, a rehabilitation hospital, a Florida hospital and a number of other facilities and services across Northeast Ohio and Florida. Additional information about Cleveland Clinic is available at: <https://my.clevelandclinic.org/>.

B. Hospital Mission

Marymount Hospital was formed in 1949 to provide health care services to its community. Marymount Hospital's mission statement is:

To provide better care for the sick, investigation of their problems and education of those who serve

II. Community Definition

For purposes of this report, Marymount's community is defined as 18 ZIP codes in Cuyahoga and Summit counties in Ohio comprising over 74 percent of the hospital's inpatient volumes. This area has comparatively unfavorable health status and socioeconomic indicators, particularly for minority residents. The total population of Marymount's community in 2015 was 452,963.

Marymount Hospital is located almost 11 miles from Hillcrest Hospital and 3.7 miles of South Pointe Hospital. Because of this proximity, portions of the Marymount Hospital community overlap with those of the other hospitals. These hospitals work together as a

part of the Cleveland Clinic health system to serve residents in Cleveland's southeastern communities and suburbs.

III. How Implementation Strategy was Developed

This Implementation Strategy was developed by a team of members of senior leadership at Marymount Hospital and Cleveland Clinic representing several departments of the organizations, including clinical administration, medical operations, nursing, finance and community relations.

Each year, senior leadership at Marymount Hospital and Cleveland Clinic will review this Implementation Strategy to determine whether changes should be made to better address the health needs of its communities.

IV. Summary of the Community Health Needs Identified

Secondary data and key stakeholder interviews were reviewed to identify and analyze the needs identified by each source. The top health needs of the Marymount Hospital community are those that are supported both by secondary data and raised by key stakeholders.

Needs are listed by category, in alphabetical order, below. See the 2016 Marymount Hospital CHNA for more information:

<https://my.clevelandclinic.org/about/community/reports/community-health-needs-assessment-reports#2016-chnas-tab>

- A. Access to Affordable Healthcare
- B. Chronic Diseases and Other Health Conditions
 - 1. Cancer
 - 2. Chemical Dependency
 - 3. Communicable Diseases
 - 4. Diabetes
 - 5. Heart Disease
 - 6. Obesity
 - 7. Poor Birth Outcomes
 - 8. Poor Mental Health Status
 - 9. Respiratory Diseases
- C. Health Professions Education
- D. Health Professions Research
- E. Healthcare for the Elderly
- F. Wellness

Economic Development and Community Conditions was also identified as a significant health need. It is further discussed below in Section VI, *Needs Hospital Will Not Address*.

V. Needs Hospital Will Address

A. Access to Affordable Healthcare

a. Financial Assistance

All Northeast Ohio Cleveland Clinic hospitals provide medically necessary services to all patients regardless of race, color, creed, gender, country of national origin, or ability to pay. Cleveland Clinic has a financial assistance policy that is among the most generous in the region that covers both hospital services and physician services provided by physicians employed by the Cleveland Clinic. In 2015, Cleveland Clinic and its affiliated hospitals provided \$69.3 million of free or discounted care to patients in their communities. The financial assistance policy can be found here: <http://my.clevelandclinic.org/patients/billing-insurance/financial-assistance#application-policy-other-documents-tab>

Patient Financial Advocates are available at all Cleveland Clinic hospitals to meet with any patient who may be uninsured or have difficulty paying for medical care. Financial Advocates assist patients in evaluating whether they may qualify for our financial programs or other assistance, including Medicaid. Cleveland Clinic is proud to offer the services of a Medicaid eligibility representative to any patient who is potentially eligible so that the patient (and their family) can obtain portable health insurance that they can use for their medical needs. Assistance with enrollment in Medicaid is also important to help patients who do not currently have a medical home to develop a relationship with a primary care physician and better access to appropriate health care services.

b. Improved Access to Emergency Services

Marymount Hospital, like all Cleveland Clinic hospitals, has implemented a split-flow model for its Emergency Department. This model shortens the time to the providers, resulting in shorter overall length of stay, and places patients in areas devoted to their unique needs to improve patient satisfaction and outcomes.

c. Access to Care and Appointments

Cleveland Clinic provides telephone and internet access to patients seeking to make appointments for primary, specialty and diagnostic services. Representatives are available 24/7 and can assist patients in identifying the next available or closest location for an appointment at all facilities within the Cleveland Clinic health system. Cleveland Clinic also has 24 locations in Northeast Ohio for “walk in” care where no appointment is necessary. Express Care Clinics have evening and weekend hours and are located in many of our family health centers and outpatient facilities, including in the Marymount Hospital community at Broadview Heights Medical Center.

In an effort to improve outcomes and increase access, Cleveland Clinic and its affiliated hospitals are providing certain services in the form of “shared medical appointments” (SMAs). SMAs offer an innovative, interactive approach to healthcare that brings patients with common needs together with one or more healthcare providers. SMAs are now offered at several Cleveland Clinic hospitals and family health centers. SMAs are

particularly valuable to people dealing with chronic conditions like asthma, diabetes and hypertension. Marymount Hospital currently provides SMAs for patients with hypertension.

d. Outreach on How to Access Care

Cleveland Clinic provides outreach programs to key underserved communities at our regional hospitals. Outreach personnel end educational sessions on various medical topics with a presentation designed to inform community members how to access different levels of health care and provide resources for programs to assist them. Outreach programs include information on how to connect to a medical home (i.e. a regular primary care physician) and on how to contact a Cleveland Clinic Patient Financial Advocate who can provide information on financial assistance, including Medicaid.

e. Transportation Assistance

Based on financial and medical need, Cleveland Clinic provides transportation on a space available basis to existing patients who are within 5 miles of the following facilities: Stephanie Tubbs Jones Health Center and Marymount, Euclid, Lutheran and South Pointe Hospitals. Space available transportation is also offered for radiation oncology treatment up to 25 miles of the Cleveland Clinic Main Campus, Hillcrest and Fairview Hospitals. On campuses where parking fees are assessed, patients who come to the emergency department receive vouchers to cover parking. Cleveland Clinic continues to evaluate methods to improve patient access to care.

B. Chronic Diseases and Health Conditions:

Marymount Hospital provides acute inpatient care, outpatient care and preventive education to its patients, and has a specialty focus in behavioral health, cancer care, orthopedics, and cardiac care.

In addition, Marymount, along with all the regional Cleveland Clinic hospitals, offers Chronic Care Clinics to assist patients who have chronic conditions like heart disease and diabetes. These Chronic Care Clinics offer management and support to individuals with medical issues such as Anticoagulation management, Chronic Kidney Disease, Heart Failure, and Anemia management.

1. Cancer

Marymount Hospital's Cancer program is certified by the American College of Surgeons Commission on Cancer and offers a full range of oncology services to patients. Cancer care is provided via a multidisciplinary approach with consultations among surgeons, medical and radiation oncologists, diagnostic radiologists, pathologists, and other cancer specialists.

Educational programs are provided in local schools to teens on lung, skin, breast and testicular cancer, emphasizing the importance screening and self-exams. Programs are also offered to the community on breast cancer, colon cancer, and lung cancer.

2. Chemical Dependency

Cleveland Clinic has been actively addressing rising drug abuse in our communities since 2012 when we held a day-long summit on prescription drug abuse. In 2013, we joined with the U.S. Attorney's Office and other local partners in a summit to focus on the problem of heroin addiction in our communities. A task force developed out of this summit, called the Northeast Ohio Heroin and Opioid Task Force, of which the Cleveland Clinic is a founding member. This Task Force meets regularly and recently received the U.S. Attorney General's Award for Outstanding Contributions to Community Partnerships for Public Safety.

Cleveland Clinic recently formed its own internal Opiate Task Force, which is an enterprise-wide, comprehensive model focused on prevention and treatment of opioid addiction in each of the communities we serve in Northeast Ohio. The Cleveland Clinic Opiate Task Force's work is divided into four subcommittees: Education & Prevention, Health Policy & Treatment, Clinical Prescribing and Chronic Pain Treatment. Cleveland Clinic will continue to address community needs in the heroin and opioid epidemic by developing internal programs, educational modules, and treatment plans, and we will also continue to collaborate with external partners on strategies and policies that will positively impact this drug epidemic.

Marymount Hospital's emergency department treats and evaluates patients who may be chemically dependent, and refers them to appropriate outpatient or inpatient care. Marymount Hospital collaborates with Lutheran Hospital to refer patients who require inpatient care for chemical dependency to the Lutheran Adult Drug Rehabilitation Center.

Marymount Hospital outreach staff provides an educational program to local community members on the heroin/opiate crisis entitled *Triple Threat: Heroin, Fentanyl and Carfentanil*.

3. Communicable Diseases

Cleveland Clinic health system patients, including those in the Marymount community, have access to primary care or women's health providers to assist in prevention and treatment of communicable diseases, including sexually transmitted diseases.

Marymount Hospital plans to develop a map of available community resources for patients within 10 miles of its primary service area.

4. Diabetes

Cleveland Clinic's Endocrinology & Metabolism Institute is committed to providing the highest quality healthcare for patients with diabetes, endocrine and metabolic disorders, and obesity. Marymount Hospital treats acute diabetic conditions on an inpatient basis and provides dietitians to inpatients seeking diabetes care. Marymount Hospital's Diabetes Center offers comprehensive services to help patients live a healthy lifestyle through education, nutrition exercise and ongoing support.

Education is provided to community members and to local schools through an outreach program called *Diabetes 101*.

5. Heart Disease

Marymount Hospital offers the full range of medical and surgical cardiovascular treatment for both inpatients and outpatients, and its Primary Stroke Center is certified by The Joint Commission. Marymount Hospital also offers a cardiac rehabilitation program that provides health and wellness support to patients recently hospitalized or under treatment for coronary heart disease. The Chronic Care Clinic provides management and support to patient with heart failure and those needing anticoagulation management services. Educational programs are offered to the community on a variety of heart related topics, including a *Block Watch for Wellness* and *Hypertension 101*. Local schools have access to Cleveland Clinic's program on how to respond to a potential stroke, called *Stroke 101*.

6. Obesity

Marymount Hospital provides Healthy Community Initiatives and offers exercise programs in Independence, Garfield Heights and Maple Heights. An education series called *Come Cook With Us* is offered in the local community to offer guidance on healthy eating. Marymount Hospital is the host of the Luther Farm Market offering a variety of healthy local produce in the summer months.

7. Poor Birth Outcomes

Cleveland Clinic has created an Infant Mortality Task Force with the goal of impacting the rate of infant mortality in our communities. Cleveland Clinic will expand its educational programming and will work to strengthen and foster collaborative opportunities with other organizations in an effort to improve birth outcomes.

Cleveland Clinic providers (at both its affiliated hospitals and family health centers) will focus on prenatal screening efforts with their patients and on the management of patients at risk for preterm birth, substance abuse, and post-partum depression. In addition, Cleveland Clinic will continue to develop our Centering Pregnancy program offerings (SMAs). Cleveland Clinic's hospital birthing centers will implement safe sleep screening and promotion, and encourages new mothers to consider exclusive breastfeeding.

Our community educational efforts will be focused on school-based sexuality and reproductive health for teens, and on the importance of breastfeeding for the first 6 months and safe sleep for new parents. Cleveland Clinic's outreach teams also will host Community Baby Showers in high need neighborhoods to introduce resources and programs available to high-risk patients and families.

Marymount Hospital offers comprehensive medical care relating to wellness, pregnancy and breastfeeding. Marymount also works collaboratively with Hillcrest and Fairview Hospitals, the closest Cleveland Clinic health system hospitals that provide the full spectrum of birthing services.

8. Poor Mental Health Status

Marymount Hospital is an area leader in adult behavioral health and operates the Marymount Center for Behavioral Health. It provides a wide range of services to meet patient needs, including inpatient and limited outpatient adult psychiatry, inpatient consult service and Intensive Outpatient Programs for individual and group counseling. Marymount works collaboratively with Euclid, Lutheran and Fairview Hospitals to serve inpatients throughout the Cleveland Clinic health system. Euclid operates a geriatric inpatient behavioral health unit and offers psychiatric evaluation and management. Lutheran operates an Adult Behavioral Medicine Center including a Mood Disorder clinic, a special geriatric psychiatry unit, and offers acute behavioral health services. Treatment is provided to adult patients ages 18 or older 24/7. Fairview Hospital assists pediatric patients and their families with behavioral medicine needs through the Fairview Hospital Child and Adolescent psychiatry unit offering an intensive outpatient program for adolescent patients at Lutheran.

Marymount Hospital plans to develop a map of other available community mental health resources for patients within its primary service area and further collaborate with those organizations having positive measurable outcomes in mental health.

9. Respiratory Diseases

Marymount Hospital provides acute inpatient care, outpatient care and preventive education to patients with COPD and Adult Asthma. It offers pulmonary rehabilitation and pulmonary function tests. The Marymount Chronic Care Clinic also treats COPD patients and provides smoking cessation care. Community health education programs are offered to the community on COPD, asthma and tobacco cessation.

C. Health Professions Education

Cleveland Clinic operates one of the largest graduate medical education programs in the Midwest and one of the largest programs in the country. Cleveland Clinic sponsors a wide range of high quality medical education training through its Education Institute including accredited training programs for nurses and allied health professionals. Cleveland Clinic Education Institute oversees 247 residency and fellowship programs across the Cleveland Clinic health system.

Marymount Hospital offers nursing clinical rotations to students in collaboration with several area nursing colleges. Emergency Department caregivers provide certification training to local EMS and fire departments. In addition, it provides allied health internships including those for physician assistants, counseling, and physical and occupational therapists.

D. Health Professions Research

Clinical trials and other clinical research activities occur throughout the Cleveland Clinic health system including the regional hospitals. For example, Marymount Hospital physicians are engaged in clinical research trials on diabetes. In addition, Marymount Hospital works in collaboration with the Cleveland Clinic Taussig Cancer Institute to make patients aware of appropriate clinical trials in cancer care available to them.

E. Healthcare for the Elderly

The Cleveland Clinic joined the Medicare Shared Savings Program in 2015 to form an Accountable Care Organization (ACO) which serves a population of over 70,000 Medicare fee-for-service beneficiaries in Northeast Ohio. The Cleveland Clinic Medicare ACO includes all Cleveland Clinic hospitals and employed physicians, as well as independent physicians in our Quality Alliance network. In an ACO model, physicians, hospitals, and other health care providers come together to give coordinated high quality, cost-effective care to the Medicare patients they serve. Coordinated care helps ensure that patients, especially the chronically ill, get the right care at the right time, with the goal of avoiding unnecessary duplication of services and preventing medical errors.

Cleveland Clinic's Center for Geriatric Medicine assists elderly patients and their primary care physicians in the unique medical needs of aging patients. Geriatric services are designed to help preserve independence, maintain quality of life, and coordinate care among a multidisciplinary team of doctors, nurses, therapists, technicians, social workers and other medical professionals to improve outcomes for older patients. Geriatric evaluations and consults are available at various locations in the Cleveland Clinic health system.

Cleveland Clinic's Center for Connected Care provides clinical programs designed to help patients with their post-hospital needs, including home care, hospice, mobile primary care physician services, home infusion pharmacy, and home respiratory therapy. These services are often particularly important for elderly patients. The Center for Connected Care provides a unique program called Medical Care at Home in which primary care doctors are available to provide visits at home. Such services are particularly helpful to elderly patients, those with mobility issues, those with complex health conditions, and those recently discharged from a hospital, skilled nursing facility or rehabilitation facility.

Marymount Hospital is a Nurse Improving Care for Health system Elders (NICHE) certified facility . NICHE hospitals follow nursing care models that recognize the specialized needs for older adult patients, emphasizing patient and family-centered care. In addition, the Chronic Care Clinic is available to elderly patients, who disproportionately suffer from chronic medical conditions.

F. Wellness

Marymount Hospital offers outreach programs and community health talks focused on educating the community on healthy behavior choices including exercise, healthcare navigation, stress management, nutrition, and smoking cessation to promote health and wellness, increase access to healthcare resources, and reduce disease burden.

In addition to the programs discussed above, Marymount Hospital offers support groups in chronic disease, depression and other mental health issues. It offers group exercise classes and alternative approaches to wellness including meditation, imagery and acupuncture. Marymount Hospital community outreach staff offer *Come Learn With Us* programs on a variety of health topics to community members.

VI. Needs Hospital Will Not Address

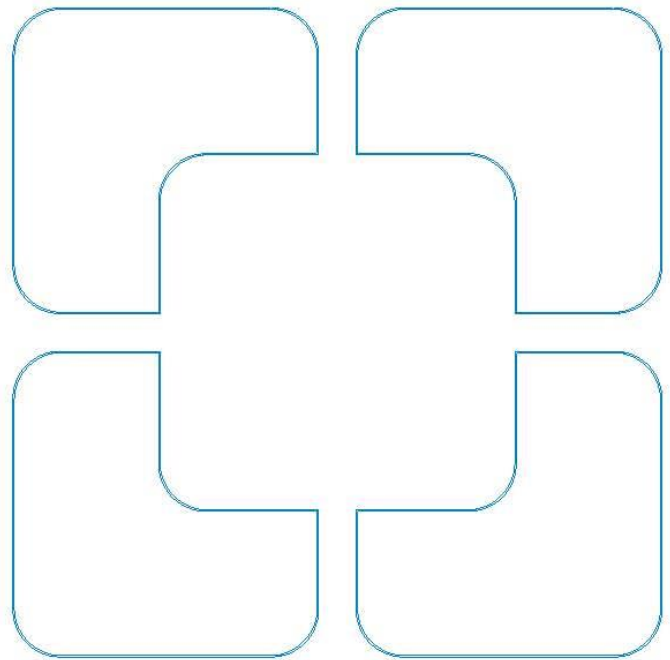
Marymount Hospital cannot directly address those community health needs that do not relate directly to the Hospital's mission to deliver health care. These are needs that other governmental and/or nonprofit organizations have the more appropriate expertise and resources to address. Although Marymount Hospital cannot address these needs directly, it does support governmental and other agencies in their efforts to help with these needs.

Marymount Hospital cannot directly address the following community health need identified in the Community Health Needs Assessment:

Economic Development and Community Conditions

The need for economic development and improved community conditions, including better employment opportunities and lower crime rates, was identified as a need in the CHNA. Several areas within the Marymount community lack adequate social services and experience high rates of poverty, unemployment, crime, and adverse environmental conditions.

Marymount Hospital cannot focus on or otherwise address the need for community services unrelated to the delivery of health care. Although Marymount Hospital is not directly involved with developing community infrastructure and improving the economy because its mission relates to delivery of quality healthcare, it does and will continue to support local chambers of commerce and community development organizations, collaborate with leaders of regional economic improvement and provide in-kind donation of time, skill and /or sponsorships to support efforts in these areas.



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