



Building Skills and Destigmatizing Mental Health

A Working Summit

Thursday, February 23, 2023

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| 8:00 a.m. | Networking/Light breakfast | Lobby |
| 8:20 a.m. | Welcome/Agenda Setting “Pitching in to address traumatized people/communities: Not the root problem, but needed as long as traumas continue” | Rev. Stephen Rowan, Bethany Baptist Church (FACTS) Fred Ward, KHNEMU Foundation (FACTS) Paul Ford, Bioethics, Cleveland Clinic |
| 8:35 a.m. | “Responding to people in crisis” With audience feedback/polling | Judge William L. Dawson, East Cleveland Municipal Court Ms. Jazmin Long, Birthing Beautiful Communities Dr. Carl Allamby, ER Cleveland Clinic |
| 9:10 a.m. | What is Mental Health First Aid (MHFA) and what can be accomplished? | Briget Swihart, Statewide Mental Health First Aid Collaborative |
| 9:25 a.m. | Building upon MHFA: a Model of grassroots-institutional collaboration | Yulanda Prude, MHFA instructor, Take A Step Inc. Willie Phelps, FACTS Shane Floyd, FACTS Jane Jankowski, Bioethics, Cleveland Clinic |
| 10:00 a.m. | Break/Networking | Lobby |
| 10:30–11:45 a.m. | Breakout Working Groups (Concurrent sessions intended to collectively share and develop potential solutions. Structured/Facilitated participatory sessions) | Group 1 (Room 203): Decrease stigma parents/guardians have around mental health Group Leader: Willie Phelps, FACTS Group 2 (Room 126): Prevent violence with trauma mitigation Group Leader: Brenda Glass, Brenda Glass Multiple Trauma Center Group 3 (Room 204): Trusted community members who can create “warm” handoffs to professionals Group Leader: Fred Ward, KHNEMU Foundation (FACTS) Group 4 (Room 223): Compassion, conversation, and collaboration to address the causes of addiction Group Leaders: Rev. Stephen Rowan, Bethany Baptist Church (FACTS) and Rev. Miriam Scott, First Love Outreach Ministries Group 5 (Room 126): Creating supportive resources for Citizen Responders Group Leader: Delores Collins (Ms. Dee), A Vision Of Change |
| Noon | Buffet Lunch – Room 130 | |
| 12:20 p.m. | Working Lunch: Based on morning Breakout sessions | Paul Ford, Bioethics, Cleveland Clinic and Fred Ward, KHNEMU Foundation (FACTS) (with report out from group leaders) |
| 1:30 p.m. | Going Beyond Training: Community activation, conversation, and additional skills | Shane Floyd, FACTS & Robbin Hudson, FACTS (Moderating audience discussion) |
| 2:15 p.m. | Commitments moving forward | Jane Jankowski, Bioethics, Cleveland Clinic |
| 2:30 p.m. | Hour of informal networking and sharing programs | Lobby/All with refreshments |
| 3:30 p.m. | Summit Concludes | |
| OPTIONAL BONUS WORKING GROUPS (concurrent) | | |
| 3:35–5 p.m. | Funding Foundations: Fishbowl | Jane Jankowski, Bioethics, Cleveland Clinic Kathryn Terrell, The Cleveland Foundation Karen Thompson-Shaheen, The Woodruff Foundation |
| 3:35–5 p.m. | Additional approaches to evidence based mental health training (“Brother, You’re on My Mind”, SOS, SPRC, AMSR, QPR, ACES) | Oronde East, Ward Wide Education Martina Moore, Moore Consulting and Medication Services |
| 3:35–5 p.m. | Social Media: Social Media & Teen Mental Health: Empowering Teens to Raise Awareness | Layla Allen, COPE Network |

For additional information or questions, contact Sundus Riaz at 216.445.2739 or riazs2@ccf.org