

Therapeutic Massage



Reduce Stress • Prevent and Treat Injury • Feel Better

If you suffer from:

- · Shoulder or neck pain
- Low back pain
- · Frequent headaches or migraines
- · Restricted range of motion
- TMJ issues
- · Chronic achiness or stiffness

Member	1	5	10	15
30 Mins	\$48	\$228	\$432	\$612
60 Mins	\$70	\$333	\$630	\$893
90 Mins	\$90	\$428	\$810	\$1148

Non-Member Session/Pricing

30 Mins/\$53 60 Mins/\$75 90 Mins/\$95

Health and Wellness Center, Palm City

3066 SW Martin Downs Blvd. Palm City, FL 34990 772 781 2722

Health and Wellness Center, Hobe Sound

11600 SE Federal Hwy., Hobe Sound, FL 33455 772.223.4927