



# Cleveland Clinic

Martin Health  
Fitness Center

Do you want a stronger, leaner  
and more balanced body?



## The **Three Step** Process

- 1** Hire a Personal Trainer
- 2** Work Hard, Eat Healthy
- 3** Overcome Excuses

Introductory **Personal Training**  
**3 hours** for only **Package \$135**

First time members. One time use only.

<b>1/2 HOUR</b> EACH SESSION	<b>1</b>	<b>5</b>	<b>10</b>	<b>15</b>	<b>20</b>
Member	\$44	\$209	\$396	\$561	\$730
Non-member	\$47	\$223	\$423	\$599	\$780
<b>1 HOUR</b> EACH SESSION	<b>1</b>	<b>5</b>	<b>10</b>	<b>15</b>	<b>20</b>
Member	\$60	\$285	\$540	\$765	\$996
Non-member	\$63	\$299	\$567	\$803	\$1045

- All payments must be paid in full prior to first session.
- All purchases expire two years from date of purchase.
- 24-hr cancellation notice is required; failure to do so will result in session charge.
- These rules apply for both Personal Training Packages and Therapeutic Massage.