

# PHYSICIAN REFERRAL FORM

I. Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Gender \_\_\_\_\_ Birthdate: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: Home \_\_\_\_\_ Work \_\_\_\_\_

## II. REASON FOR REFERRAL (Please check)

- 1) Patient's Request: \_\_\_\_\_ \*PROGRAM Health Fitness \_\_\_\_\_  
2) Physician Recommendation: \_\_\_\_\_ Cardiac Rehab \_\_\_\_\_  
a) Specific Concerns: \_\_\_\_\_

## III. HEALTH HISTORY & PHYSICAL

- 1) Does patient have past and/or present history of: (Please check)  
\*a) Heart Disease \_\_\_\_\_ b) Lung Disease \_\_\_\_\_ c) Kidney Disease \_\_\_\_\_  
d) Liver Disease \_\_\_\_\_ e) Orthopedic Problems \_\_\_\_\_ f) Hypertension \_\_\_\_\_  
g) Obesity \_\_\_\_\_ h) Diabetes \_\_\_\_\_ i) Other \_\_\_\_\_

***\*Any patient with documented history of heart disease (i.e., MI, CABG, Angioplasty, pace, etc.) are only eligible for Cardiac Rehab Program.***

Please comment on any checked item: \_\_\_\_\_  
\_\_\_\_\_

Date of latest physical exam \_\_\_\_\_ BP \_\_\_\_\_/\_\_\_\_\_  
Weight \_\_\_\_\_ lbs.

Comments: \_\_\_\_\_

I approve of his/her participation in the Mercy Medical Center Health Fitness Program.

Sign: \_\_\_\_\_ Phone: \_\_\_\_\_  
Print: \_\_\_\_\_

**PLEASE RETURN TO:** MERCY HEALTH CENTER OF NORTH CANTON  
Health Fitness  
6200 Whipple Avenue, N.W.  
North Canton, Ohio 44720  
PHONE: 330-966-8997 FAX: 330-966-8898

I, \_\_\_\_\_, do hereby make application to the Mercy Medical Center, Center for Health Promotion, to be accepted and permitted to participate in its Health/Employee Fitness Program. In consideration of being accepted into this program, I do acknowledge that I am aware of the risks involved in participation in such a program and on behalf of myself, my heirs, executors, administrators, and assigns, waive, release and discharge Mercy Medical Center and all of its agents and employees from any claims or demands which I now have or at any other time in the future may have resulting from any illness, injury or occurrence, occurring during or resulting from participation in this program.

I attest that I am physically fit to participate in this Health/Employee Fitness Program and that my medical condition to do so has been verified by a licensed medical doctor.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Name and Address of Physician:

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**NOTICE:** It is recommended that you have a yearly physical examination, consulting your physician about a health/employee fitness program that you intend to participate in, and follow his recommendations concerning a fitness program for you as an individual. In signing this consent form, you state that you have read and understood the above. You enter into the program willingly and may withdraw at any time.