

BEVERAGES

Soy Milk: Chocolate or Vanilla
Milk: Low-Fat, Whole, Chocolate
Juice: Apple, Grape, Cranberry, Orange
Sugar-Free Lemonade or Fruit Punch
Hot Chocolate

SIDES

Mashed Potatoes
Rice
Macaroni and Cheese
Egg Noodles
Green Beans
Caramelized Carrots
Steamed Broccoli
Steamed Corn
Baked Chips
French Fries
Tater Tots
Sweet Potato Fries
String Cheese
Carrot Sticks
Celery Sticks
Canned Fruit
(Mandarin Oranges, Peaches, Pears)
Applesauce
Fresh Fruit Cup
Pretzels
Dinner Roll
Oyster Crackers



PAW-FECT TOPPINGS

Sweeteners and Jellies — Syrup, Brown Sugar, Jelly
Dressings — Balsamic, Caesar, Honey Mustard, Italian, Ranch
Sauces — BBQ, Ketchup, Mustard, Mayonnaise, Salsa, Sour Cream
General — Butter, Margarine, Parmesan Cheese, Salt-Free Seasoning, Salt, Pepper

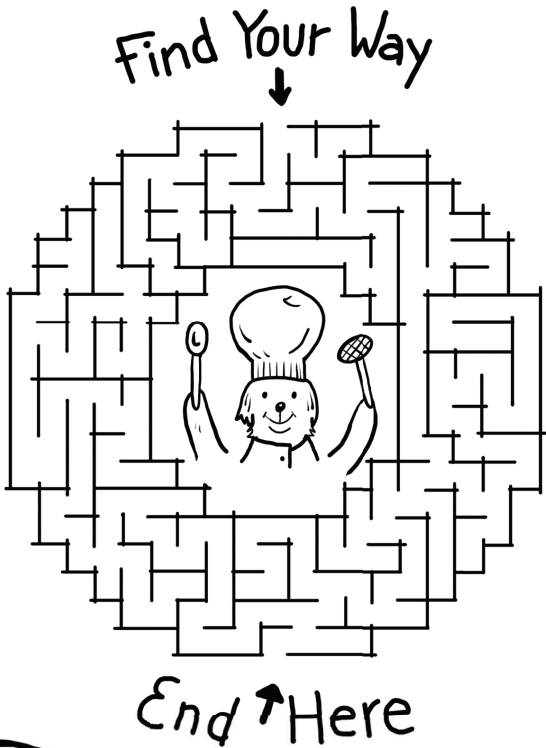
(Additional condiments are available upon request)

TREATS

Oreos
Dirt Pudding
Rice Krispies Treat
Vanilla or Chocolate Pudding
Ice Cream
Orange Sherbet
Assorted Gelatin
Lemon or Cherry Fruit Ice
Chocolate Chip, Oatmeal Raisin or Sugar Cookie
Rocky Road Brownie
Cheese Cake Trifle with Berries



C B U R G E R P T B
H Q O F R I E S L U
E T K E T C H U P N
E H U N H B R E A D
S P O R H A X D V B
E I C T K T M R V I
N C H H D E C I F J
O K I V Y O Y N U Z
P L P S W Z G K D V
F E S M U S T A R D



Word Search Answers: Cheese, Burger, Bun, Fries, Ketchup, Bread, Ham, Turkey, Pickle, Chips, Mustard, Hot Dog, Drink



Order your meals using the patient app: clevelandclinic.org/order-food • Facility ID: **cceast**
Or order by phone from 6:30 a.m. to 7:30 p.m.
Ext. 55 from your room or 440.312.6368 from outside the hospital

For safety reasons, some items such as hot beverages, hot soup, or items that may present a choking hazard may not be available.

KIDS MENU

BREAKFAST

Bone Appetit Entrees

Breakfast Combo Meal — Barkin' Buttermilk Stack: Buttermilk Pancakes, Sausage, Fruit Cup, Orange Juice

Cereals — Oatmeal, Cream of Wheat (Apple Cinnamon or Plain), Froot Loops, Cornflakes, Rice Krispies, Cheerios, Rice Chex

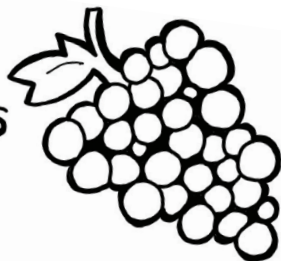
Cool Start — Blueberry Muffin, Fruit and Yogurt Parfait, Granola Bar (Peanut Butter or Chocolate Chip), Nutrigrain Bar, Greek Vanilla Yogurt, Lite Yogurt (Vanilla, Strawberry, Blueberry, Peach), Strawberry Go-Gurt

Toasty Morning Meals — Scrambled Eggs, Pancakes, French Toast, Breakfast Taco, Breakfast Potatoes, Bacon, Sausage (Pork, Turkey, or Veggie)

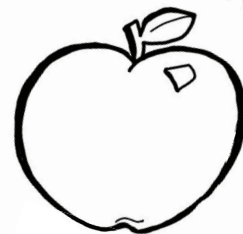
ALLERGY CONCERNS

Please ask us for our top 9 food allergens list.

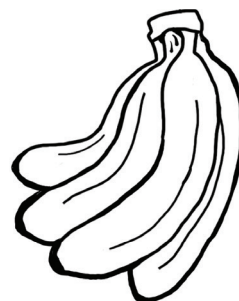
GRAPES ARE BERRIES AND HIGH IN VITAMIN C



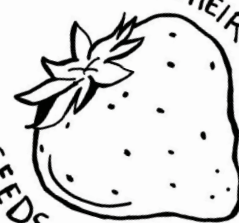
THERE ARE 7,500 KINDS OF APPLES



A BUNCH of BANANAS IS CALLED A HAND. EACH BANANA IS CALLED A FINGER.



STRAWBERRIES HAVE THEIR SEEDS ON THE OUTSIDE



LUNCH AND DINNER

Build Your Own Sandwich

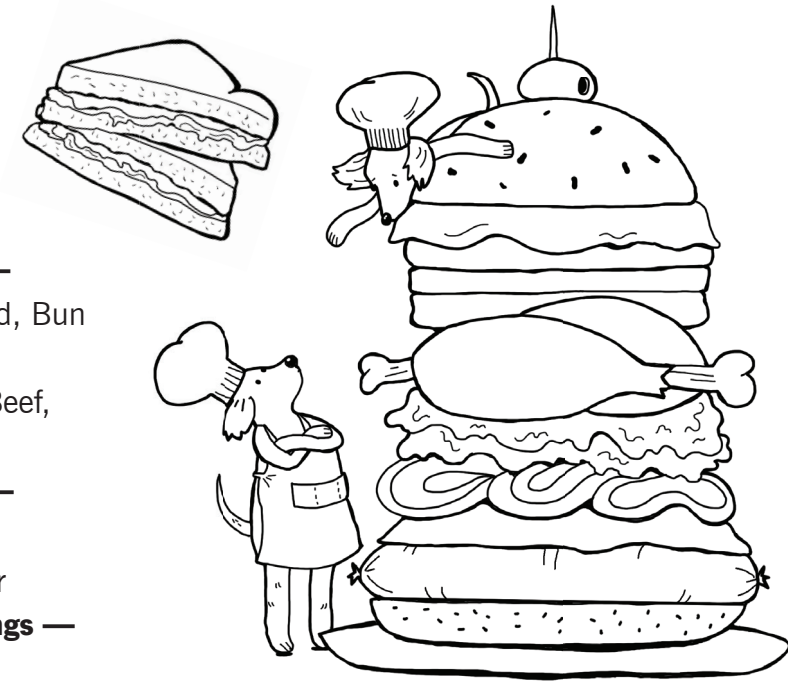
Select from the following options:

Choose Your Bread — White or Wheat Bread, Bun

Pick Your Protein — Ham, Turkey, Roast Beef, Hummus

Select Your Cheese — American, Swiss, Pepper Jack, Cheddar

And Now Your Toppings — Ask For Condiments



Lunch Sandwich Specials

Chicken Caesar Wrap Special
PB&J on Wheat Bread



Build-a-Bite Board

Create your own delicious combination. Choose a variety of items from the lists below to create a healthy masterpiece:

Fresh Veggies — Carrot Sticks, Celery Sticks, Cucumber Slices

Fresh Fruits — Grapes, Sliced Strawberries, Banana, Apple, Clementine

Deli — String Cheese, Turkey, Ham, Roast Beef, American Cheese, Swiss Cheese

Snacks — Pretzels, Crackers, Baked Chips, Yogurt or Go-Gurt, Hummus, Pita Bread

Try a Dip — Ranch Dressing, Hummus, Peanut Butter

Kids' Favorites

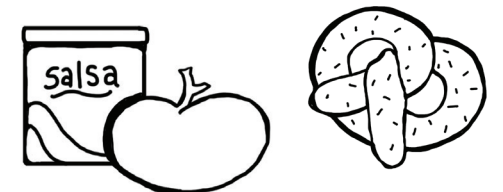
Pastas — Kids Mac & Cheese, Penne with Marinara

Comfort — Chicken Nuggets, Fish Sticks, Personal Pizza (Cheese or Pepperoni), Mini Corn Dogs, Chicken Pot Pie, Pot Roast, Beef Stroganoff with Egg Noodles, Roast Turkey

Grill — Hot Dog with Bun, Burger with Bun (Turkey, Beef, Garden), Grilled Chicken Sandwich, Grilled Cheese

Chomps

Grape Jelly Uncrustable
Hummus and Vegetables
Chef Salad
Garden Salad
Cheese and Fruit Plate



Soups

Chicken Noodle Soup
Tomato Bisque

