



At Your Service

ROOM SERVICE DINING





Call 33663 to order what you want, when you want it

7:00 am – 5:30 pm

Delivery within 30 minutes, 7 days a week

Please do not remove this menu from your room.
Ask an *At Your Service* server for a copy you can take home with you.





BREAKFAST

	STARTERS	Carb Serving
	Orange Apple Juice Grape Juice Prune Juice Cranberry Juice Assorted Yogurts Fruit Cup Fresh Fruit	15 15 15 15 15 15 15 22.5
	CEREALS	Carb Serving
	Assorted Cold Cereals Oatmeal Cream of Wheat	15 15 15
	FROM THE GRILL	Carb Serving
	Scrambled Eggs (regular or substitute) Made-to-order Omelet Bacon (S) Pork Sausage Patty (S) (low sodium available) Turkey Sausage Patty (low sodium) Breakfast Sandwich French Toast, 1 slice Pancake, 1 pancake Hash Brown Patty	0 0 0 0 0 45 15 15 15
	BAKERY	Carb Serving
	Toast: White, Whole Wheat, Raisin, Rye Banana Nut Muffin Blueberry Muffin Chocolate Chip Muffin English Muffin, whole Bagel (Plain, Cinnamon Raisin, or Blueberry) & Cream Cheese	15 30 30 30 30 30

LUNCH & DINNER

	<p>SOUPS <i>(Low sodium soups available)</i></p> <p>Chicken Noodle (S) Tomato (S) Vegetable (S) Cream of Broccoli (S) Cream of Chicken (S) Soup of the Day (S)</p>	<p>Carb Serving</p> <p>7.5 15 15 15 15 15</p>
	<p>SALADS</p> <p>Chef's Salad House Salad</p>	<p>Carb Serving</p> <p>0 0</p>
	<p>SANDWICHES <i>(Toppings: lettuce, tomato, ketchup, mustard, mayo)</i></p> <p>Hot:</p> <p>Hamburger or Cheeseburger Grilled Cheese Chicken Patty Sandwich Fish Patty Sandwich Sloppy Joe Grilled Ham & Cheese (S) Hot Dog on a Bun (S)</p> <p>Cold:</p> <p>Tuna Salad Sandwich (S) <i>(on white or wheat)</i> Chicken Salad Sandwich (S) <i>(on white or wheat)</i> Deli Turkey or Ham (S) <i>(on white or wheat)</i> <i>(low sodium turkey available)</i> Smucker's Peanut Butter & Jelly</p>	<p>Carb Serving</p> <p>30 30 45 45 30 30 30 30 45</p>
	<p>HOT ENTREES</p> <p>Baked Chicken Roast Beef Roast Turkey Baked Breaded Fish Filet Chicken Tenders (S) Homemade Meatloaf Italian Lasagna (S) Healthy Choice® Macaroni & Cheese (S) Stuffed Pepper Beef Stroganoff over Noodles</p>	<p>Carb Serving</p> <p>0 0 0 15 15 15 30 30 15 15</p>

LUNCH & DINNER

	SIDE DISHES	Carb Serving
	Hot: Green Beans 0 Broccoli , Cauliflower 0 Carrots, Green Peas 7.5 Vegetable Blend 7.5 Corn 15 Rice 15 French Fries 15 Mashed Potatoes, 15 Baked Potato 30 Sweet Potato 30 Cheese Sauce (S) 7.5	
	Cold: Side Salad (<i>Italian, French or Ranch dressing</i>) 0 Celery Sticks or Cucumber Slices 0 Broccoli or Cauliflower Florets 0 Cottage Cheese 0 Whole Baby Carrots 7.5 Cole Slaw 15 Dinner Roll 15 Applesauce 15 Canned Peaches, Pears, Mixed Fruit 15 Fresh Fruit 22.5 Fruited Jell-O Salad 30	
	DESSERTS	Carb Serving
	BEVERAGES	Carb Serving
	Coffee (<i>regular or decaf</i>) 0 Hot Tea (<i>regular or decaf</i>) 0 Green Tea 0 Hot Chocolate (<i>regular or sugar free</i>) (S) 30 or 15 Milk (2%) 15 Cola, Ginger Ale or Lemon Lime 30 Diet Cola, Ginger Ale or Lemon Lime 0 Crystal Light Lemonade 0 Iced Tea (<i>unsweetened</i>) 0	